

# STARSkate Regulation Changes

## Effective July 1, 2011

### OFFICIAL RULES AND REGULATIONS (TECHNICAL HANDBOOK)

#### SECTION 4000 - STARSKATE PROGRAM

#### E - FREE SKATING TESTS

#### 2.0 DESCRIPTION OF FREE SKATING TESTS

##### 2.1 PRELIMINARY FREE SKATING TEST

- (2) **PART 2: PROGRAM (Rule 4304 (1) (b)):** A free skating program to music.
- (a) **DURATION:** One free program of 1:30 minutes in length (+/- 10 seconds).
- (b) **ELEMENTS:** This program shall contain:
- (i) **Maximum six jump elements**
- Must include at least one waltz jump
  - Maximum two combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice and if a jump is repeated it must be in combination or sequence
- (ii) **Maximum of two spins**
- One spin must be in one position, not in combination, no change of foot
  - Maximum one combination spin, no change of foot
- (iii) **Maximum one step sequence or spiral sequence**
- (c) **PASSING REQUIREMENT:**
- (i) **PROGRAM COMPOSITION:** A Satisfactory evaluation or better must be achieved in Program Composition.
- (ii) **PROGRAM COMPONENTS:** A Satisfactory evaluation or better in 2/5 of the following criteria:
- Skating Skills\*

- Transitions
- Performance/Execution\*
- Choreography
- Interpretation

(iii) **FURTHER PASSING REQUIREMENT:** Skating Skills and Performance/Execution must be Satisfactory or better.

(iv) **TOTAL PASSING REQUIREMENT:** A total of 3/6 requirements Satisfactory or better.

(a) ~~**DURATION:** A program of 1.5 or 2.0 minutes ( $\pm$  10 seconds).~~

(b) ~~**ELEMENTS:** This program shall contain:~~

~~• **JUMPS:** A minimum of 3 different jumps of at least one rotation.~~

~~• **SPINS:** A minimum of 2 different spins.~~

(b) ~~**PASSING REQUIREMENT:**~~

(i) ~~**FOUR OF SIX CRITERIA SATISFACTORY OR BETTER:** A Satisfactory evaluation or better in 4/6 of the following criteria:~~

~~• Use of Ice~~

~~• Use of Music~~

~~• Carriage/Line/Form~~

~~• Sureness of Skating Skills (excluding jumps and spins)~~

~~• Speed~~

~~• Program Composition~~

(ii) ~~**FURTHER PASSING REQUIREMENT:** Sureness of skating skills must be satisfactory or better.~~

*(Regulation change approved by the Board of Directors in April, 2011 effective July 1, 2011)*

## **2.2 JUNIOR BRONZE FREE SKATING TEST**

(2) **PART 2: PROGRAM (Rule 4304 (2) (b)):** A free skating program to music.

(a) **DURATION:** One free program of 1:30 or 2:00 minutes in length (+/- 10 seconds).

(b) **ELEMENTS:** This program shall contain:

(i) Maximum six jump elements

- Must include at least one Axel-type jump (waltz or single Axel)

- Maximum two combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice and if a jump is repeated it must be in combination or sequence
- (ii) Maximum of two spins
- Maximum one flying spin
  - One spin of any nature
- (iii) Maximum one step sequence or spiral sequence
- (c) **PASSING REQUIREMENT:**
- (i) **PROGRAM COMPOSITION:** A Satisfactory evaluation or better must be achieved in Program Composition.
- (ii) **PROGRAM COMPONENTS:** A Satisfactory evaluation or better in 2/5 of the following criteria:
- Skating Skills\*
  - Transitions
  - Performance/Execution\*
  - Choreography
  - Interpretation
- (iii) **FURTHER PASSING REQUIREMENT:** Skating Skills and Performance/Execution must be Satisfactory or better.
- (iv) **TOTAL PASSING REQUIREMENT:** A total of 3/6 requirements Satisfactory or better.
- ~~(a) **DURATION:** 2.0 or 2.5 minutes (± 10 seconds).~~
- ~~(b) **ELEMENTS:** This program shall contain:~~
- ~~• **JUMPS:** A minimum of 4 different jumps of at least one rotation.~~
  - ~~• **SPINS:** 2 different spins.~~
- ~~(c) **PASSING REQUIREMENT:**~~
- ~~(i) **FOUR OF SIX CRITERIA SATISFACTORY OR BETTER:** A satisfactory evaluation or better in 4/6 of the following criteria.~~
- ~~• Use of Ice~~
  - ~~• Use of Music~~

- Carriage/Line/Form
- Sureness of Skating Skills (excluding jumps and spins)
- Speed
- Program Composition

(ii) ~~FURTHER PASSING REQUIREMENT: Sureness of Skating Skills must be satisfactory or better.~~

*(Regulation change approved by the Board of Directors in April, 2011 effective July 1, 2011)*

## 2.3 SENIOR BRONZE FREE SKATING TEST

(2) **PART 2: PROGRAM (Rule 4304 (3) (b)):** A free skating program to music.

(a) **DURATION:** One free program of 2:00 or 2:30 minutes in length (+/- 10 seconds).

(b) **ELEMENTS:** This program shall contain:

(i) Maximum six jump elements

- Must include at least one Axel-type jump (waltz or single Axel) and one double jump
- Maximum three combinations or sequences. Jump combinations may contain no more than two jumps.
- No jump included more than twice and if a jump is repeated it must be in combination or sequence

(ii) Maximum of three spins

- One spin must be a combination spin, change of foot mandatory (minimum three revolutions per foot and minimum two revolutions per position)
- One spin must be a flying spin (minimum three revolutions in basic position)
- One spin of any nature (minimum four revolutions total)

(iii) Maximum one step sequence or spiral sequence

(c) **PASSING REQUIREMENT:**

(i) **TECHNICAL REQUIREMENTS:** A Satisfactory evaluation or better in 8/10 must be achieved.

- JUMPS: 5/6 must be Satisfactory or better and a minimum of one double jump must be Satisfactory or better
- SPINS: 2/3 must be Satisfactory or better

(ii) **PROGRAM COMPONENTS:** A Satisfactory or better in 3/5 of the following criteria:

- Skating Skills\*

- Transitions
- Performance/Execution\*
- Choreography
- Interpretation

(iii) **FURTHER PASSING REQUIREMENT:** Skating Skills and Performance/Execution must be Satisfactory or better.

(iv) **TOTAL PASSING REQUIREMENT:** A total of 11/15 requirements Satisfactory or better.

(a) ~~**DURATION:** 2.5 or 3.0 minutes (± 10 seconds).~~

(b) ~~**ELEMENTS:** This program shall contain:~~

- ~~**JUMPS:** At least 5 different jumps: 4 jumps of at least one rotation and one double jump.~~
- ~~**JUMP SEQUENCE:** A jump sequence containing at least three jumps, of which two must be listed jumps.~~
- ~~**JUMP COMBINATION:** A jump combination including at least one double jump.~~
- ~~**SPINS:** 3 different spins including one combination.~~
- ~~**STEP/SPIRAL SEQUENCE:** A step sequence (straight line, circular, serpentine or spiral) using full length or width of ice.~~

(c) ~~**PASSING REQUIREMENT:**~~

(i) ~~**TEN OF TWELVE CRITERIA SATISFACTORY OR BETTER:** A satisfactory evaluation or better in 10 out of 12 of the following criteria:~~

<del>TECHNICAL MERIT</del>	<del>PRESENTATION</del>
<del>1. Jumps</del>	<del>7. Use of Ice</del>
<del>2. Jump Sequence</del>	<del>8. Carriage/Line/Form</del>
<del>3. Jump Combination</del>	<del>9. Sureness of skating skills with speed (excluding jumps and spins)</del>
<del>4. Spins</del>	<del>10. Use of Music</del>
<del>5. Spin Combination</del>	<del>11. Connecting Steps/Field Movements</del>
<del>6. Step Sequence</del>	<del>12. Program Composition</del>

(ii) ~~**SPECIFIC REQUIREMENTS FOR JUMPS AND SPINS:** The skater cannot have more than one Needs Improvement in the jump criteria or more than one Needs Improvement in the spin criteria.~~

- (iii) ~~**FURTHER PASSING REQUIREMENTS:** Carriage/line/form and sureness of skating skills with speed must be satisfactory or better.~~

*(Regulation change approved by the Board of Directors in April, 2011 effective July 1, 2011)*

## **2.4 JUNIOR SILVER FREE SKATING TEST**

- (2) **PART 2: PROGRAM (Rule 4304 (4) (b)):** A free skating program to music.
- (a) **DURATION:** One free program of 2:30 or 3:00 minutes in length (+/- 10 seconds).
- (b) **ELEMENTS:** This program shall contain:
- (i) **Maximum six jump elements**
- Must include at least one Axel-type jump (waltz or single Axel) and two different double jumps
  - Maximum three combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice and if a jump is repeated it must be in combination or sequence
- (ii) **Maximum of three spins**
- One spin must be a combination spin, change of foot mandatory (minimum four revolutions per foot and minimum two revolutions per position)
  - One spin must be a flying spin in one position with no change of foot (minimum four revolutions in basic position)
  - One spin of any nature (minimum five revolutions total)
- (iii) **Maximum one step sequence or spiral sequence**
- (c) **PASSING REQUIREMENT:**
- (i) **TECHNICAL REQUIREMENTS:** A Satisfactory evaluation or better in 8/10 must be achieved.
- **JUMPS:** 5/6 must be Satisfactory or better and a minimum of two different double jumps must be Satisfactory or better
  - **SPINS:** 2/3 must be Satisfactory or better
- (ii) **PROGRAM COMPONENTS:** A Satisfactory or better in 4/5 of the following criteria:
- Skating Skills\*
  - Transitions
  - Performance/Execution\*
  - Choreography
  - Interpretation

(iii) **FURTHER PASSING REQUIREMENT:** Skating Skills and Performance/Execution must be satisfactory or better.

(iv) **TOTAL PASSING REQUIREMENT:** A total of 12/15 requirements Satisfactory or better.

~~(a) **DURATION:** 3.0 or 3.5 minutes ( $\pm$  10 seconds).~~

~~(b) **ELEMENTS:** This program shall contain:~~

~~• **JUMPS:** At least 6 different jumps: 4 jumps of at least one rotation and two double jumps.~~

~~• **JUMP SEQUENCE** A jump sequence containing at least three jumps, one of which shall be a double jump. At least two of the included jumps must be listed jumps.~~

~~• **JUMP COMBINATION:** A jump combination including at least one double jump.~~

~~• **SPINS:** Three different spins including one combination.~~

~~• **STEP/SPIRAL SEQUENCE:** A step sequence (straight line, circular, serpentine or spiral) using full length or width of ice.~~

~~(c) **PASSING REQUIREMENT:**~~

~~(i) **TEN OF TWELVE CRITERIA SATISFACTORY OR BETTER:** A Satisfactory evaluation or better in 10/12 of the following criteria:~~

<b>TECHNICAL MERIT</b>	<b>PRESENTATION</b>
1. Jumps	7. Use of Ice
2. Jump Sequence	8. Carriage/Line/Form
3. Jump Combination	9. Sureness of skating skills with speed (excluding jumps and spins)
4. Spins	10. Use of Music
5. Spin Combination	11. Connecting Steps/Field Movements
6. Step Sequence	12. Program Composition

~~(ii) **SPECIFIC REQUIREMENTS FOR JUMPS AND SPINS:** The skater cannot have more than one Needs Improvement in the jump criteria or more than one Needs Improvement in the spin criteria.~~

~~(iii) **FURTHER PASSING REQUIREMENT:** Carriage /line /form and sureness of skating skills with speed must be Satisfactory or better.~~

***(Regulation change approved by the Board of Directors in April, 2011 effective July 1, 2011)***

## 2.5 SENIOR SILVER FREE SKATING TEST

- (2) **PART 2: PROGRAM (Rule 4304 (5) (b)):** A free skating program to music.
- (a) **DURATION:** One free program of 3:00 or 3:30 minutes in length (+/- 10 seconds).
- (b) **ELEMENTS:** This program shall contain:
- (i) **Maximum six jump elements**
- Must include at least one Axel-type jump (waltz or single Axel) and three different double jumps
  - Maximum three combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice and if a jump is repeated it must be in combination or sequence
- (ii) **Maximum of three spins**
- One spin must be a combination spin, change of foot mandatory (minimum five revolutions per foot and minimum two revolutions per position)
  - One spin must be a flying spin in one position with no change of foot (minimum five revolutions in basic position)
  - One spin of any nature (minimum six revolutions total)
- (iii) **Maximum one step sequence or spiral sequence**
- (d) **PASSING REQUIREMENT:**
- (i) **TECHNICAL REQUIREMENTS:** A Satisfactory evaluation or better in 8/10 must be achieved.
- JUMPS: 5/6 must be Satisfactory or better and a minimum of three different double jumps must be Satisfactory or better
  - SPINS: 2/3 must be Satisfactory or better
- (ii) **PROGRAM COMPONENTS:** A Satisfactory or better in 4/5 of the following criteria:
- Skating Skills\*
  - Transitions
  - Performance/Execution\*
  - Choreography
  - Interpretation
- (iii) **FURTHER PASSING REQUIREMENT:** Skating Skills and Performance/Execution must be satisfactory or better.

(iv) **TOTAL PASSING REQUIREMENT:** A total of 12/15 requirements Satisfactory or better.

(a) ~~**DURATION:** 3.5 or 4.0 minutes (± 10 seconds)~~

(b) ~~**ELEMENTS:** This program shall contain:~~

- ~~• **JUMPS:** A variety of jumps to include three different edge jumps and three different toe jumps. Three of these must be at least one rotation and three must be different double (or triple) jumps.~~
- ~~• **JUMP SEQUENCE:** A jump sequence containing at least three jumps, two of which shall be double jumps. At least two of the included jumps must be listed jumps.~~
- ~~• **JUMP COMBINATION:** A jump combination consisting of two double jumps.~~
- ~~• **SPINS:** Three different spins including:
  - ~~• a combination spin demonstrating all three positions with at least 5 rotations on each foot;~~
  - ~~• a flying spin (5 rotations)~~
  - ~~• another spin of skater's choice~~~~
- ~~• **STEP/SPIRAL SEQUENCE:** One step sequence using full length or width of ice (circular, straight line, serpentine or spiral step)~~

(c) ~~**PASSING REQUIREMENT:**~~

(i) ~~**TEN OF TWELVE CRITERIA SATISFACTORY OR BETTER:** A Satisfactory evaluation or better in 10/12 of the following criteria:~~

<del>TECHNICAL MERIT</del>	<del>PRESENTATION</del>
<del>1. Jumps</del>	<del>7. Use of Ice</del>
<del>2. Jump Sequence</del>	<del>8. Carriage/Line/Form</del>
<del>3. Jump Combination</del>	<del>9. Sureness of skating skills with speed (excluding jumps and spins)</del>
<del>4. Spins</del>	<del>10. Use of Music</del>
<del>5. Spin Combination</del>	<del>11. Connecting Steps/Field Movements</del>
<del>6. Step Sequence</del>	<del>12. Program Composition</del>

(ii) ~~**SPECIFIC REQUIREMENT FOR JUMPS AND SPINS:** The skater cannot have more than one Needs Improvement in the jump criteria or more than one Needs Improvement in the spin criteria.~~

- (iii) ~~**FURTHER PASSING REQUIREMENT:** Carriage/ line /form, sureness of skating skills with speed and program composition: Must be Satisfactory or better.~~

*(Regulation change approved by the Board of Directors in April, 2011 effective July 1, 2011)*

## **2.6 GOLD FREE SKATING TEST**

- (2) **PART 2: PROGRAM (Rule 4304 (6) (b)):** A free skating program to music.
- (a) **DURATION:** One free program of 3:00 to 4:00 minutes in length (+/- 10 seconds).
- (b) **ELEMENTS:** This program shall contain:
- (i) **Maximum six (women)/seven (men) jump elements**
- Must include at least one Axel-type jump (waltz or single Axel) and four different double jumps
  - Maximum three combinations or sequences. Jump combinations may contain no more than two jumps.
  - No jump included more than twice and if a jump is repeated it must be in combination or sequence
  - NOTE: One additional jump may be included if it is an attempted double Axel or any triple.
- (ii) **Maximum of three spins**
- One spin must be a combination spin, change of foot mandatory (minimum six revolutions per foot and minimum two revolutions per position)
  - One spin must be a flying spin in one position with no change of foot (minimum six revolutions in basic position)
  - One spin of any nature (minimum six revolutions total)
- (iii) **Maximum one step sequence or spiral sequence**
- (e) **PASSING REQUIREMENT:**
- (i) **TECHNICAL REQUIREMENTS:** A Satisfactory evaluation or better in 8/10 (women)/9/11 (men) must be achieved.
- JUMPS: 5/6 (women)/6/7 (men) must be Satisfactory or better and a minimum of four different double jumps must be Satisfactory or better
  - SPINS: 2/3 must be Satisfactory or better
- (ii) **PROGRAM COMPONENTS:** A Satisfactory or better in 4/5 of the following criteria:
- Skating Skills\*
  - Transitions
  - Performance/Execution\*

- Choreography
  - Interpretation
- (iii) **FURTHER PASSING REQUIREMENT:** Skating Skills and Performance/Execution must be Satisfactory or better.
- (iv) **TOTAL PASSING REQUIREMENT:** A total of 12/15 (women)/13/16 (men) requirements Satisfactory or better.
- (a) **DURATION:**
- (i) **LADIES:** 3.5 or 4.0 minutes ( $\pm$  10 seconds).
- (ii) **MEN:** 4.0 or 4.5 for men ( $\pm$  10 seconds).
- (b) **ELEMENTS:** This program shall contain:
- **JUMPS:** At least 4 different double jumps.
  - **JUMP SEQUENCE:** A jump sequence containing at least three jumps, two of which shall be double jumps. At least two of the included jumps must be listed jumps.
  - **JUMP COMBINATION:** A jump combination consisting of two double jumps.
  - **SPINS:** Four Three different spins including:
    - a combination spin demonstrating all three positions with at least 5 rotations on each foot
    - a flying spin with 5 rotations
    - one or two other spins of skater's choice (the fourth spin may be included but will not receive any value or deductions) two other spins of skater's choice
  - **LADIES:**
    - **STEP/SPIRAL SEQUENCE:** One step sequence using full length or width of ice with choice of pattern (straight line, circular, serpentine or spiral) and;
    - **FIELD MOVEMENTS:** One sequence of field movements to include: spirals and/or free skating movements such as turns, arabesques, spread eagles, etc. fully utilizing the ice surface.
  - **MEN:**
    - **STEP SEQUENCE:** Two different one step sequences using full length or width of ice.
- (c) **PASSING REQUIREMENT:**

- (i) ~~TEN OF TWELVE CRITERIA SATISFACTORY OR BETTER~~: A Satisfactory evaluation or better in 10/12 of the following criteria:

TECHNICAL MERIT	PRESENTATION
1. <del>Jumps</del>	7. <del>Use of Ice</del>
2. <del>Jump Sequence</del>	8. <del>Carriage/Line/Form</del>
3. <del>Jump Combination</del>	9. <del>Sureness of skating skills with speed (excluding jumps and spins)</del>
4. <del>Spins</del>	10. <del>Use of Music</del>
5. <del>Spin Combination</del>	11. <del>Connecting Steps/Field Movements</del>
6. <del>Step Sequence</del>	12. <del>Program Composition</del>

- (ii) ~~SPECIFIC REQUIREMENT FOR JUMPS AND SPINS~~: The skater cannot have more than one Needs Improvement in the jump criteria or more than one Needs Improvement in the spin criteria.

- (iii) ~~FURTHER PASSING REQUIREMENT~~: Carriage/ line/ form, sureness of skating skills with speed and program composition must be satisfactory or better.

*(Regulation change approved by the Board of Directors in April, 2011 effective July 1, 2011)*

### 3.0 SPECIAL QUALIFICATIONS FOR FREE SKATING TESTS

#### 3.1 EQUIVALENCIES FOR COMPETITIVE SINGLES TESTS IN THE STARSKATE PROGRAM

Skaters passing Free Skating Tests in the competitive test system will be granted equivalencies for regular free skating tests as follows:

Juvenile Competitive Singles Test = Junior Silver ~~Senior Bronze~~ Free Skating Test

Pre-Novice Competitive Singles Test = Senior Junior ~~Senior Silver~~ Free Skating Test

Novice Competitive Singles Test = Gold ~~Senior Silver~~ Free Skating Test

Junior Competitive Singles Test = Gold Free Skating Test

*(Regulation change approved by the Board of Directors in April, 2011 effective July 1, 2011)*

### 4.0 COMPOSITION, CONDUCT AND EVALUATION OF FREE SKATING TESTS

#### 4.1 COMPOSITION OF A FREE SKATING PROGRAM

- (3) **FREE SKATING PROGRAMS**: Free skating programs require:
- (a) **JUMP ELEMENTS**: ~~A specified number of different jumps of one rotation or more~~ A maximum specified number of jumps which may be done individually or in combination or in sequence.

(b) ~~**JUMP COMBINATION:** One jump combination which must be in addition to (a).~~

(c) ~~**JUMP SEQUENCE:** One jump sequence which must be in addition to (a) and (b). Jumps such as split, stag, mazurka, half jumps and one-foot jumps may be done to fulfill jump requirements for a jump sequence.~~

*(Regulation change approved by the Board of Directors in April, 2011 effective July 1, 2011)*

#### **4.5 CRITERIA FOR EVALUATING A FREE SKATING TEST**

- (1) **SKATING SKILLS:** Overall skating quality, edge control and flow over the ice surface demonstrated by a command of the skating vocabulary (edges, steps, turns, etc.), the clarity of technique and the use of effortless power to accelerate and vary speed, varied use of power/energy, speed and acceleration. In evaluating the skating skills, the following must be considered:
  - Balance, rhythmic knee action and precision of foot placement
  - Flow and effortless glide
  - Cleanness and sureness of deep edges, steps and turns
  - Power/energy and acceleration
  - Mastery of multi-directional skating
  - Mastery of one-foot skating.
  
- (2) **TRANSITIONS:** The varied and/or intricate footwork, positions, movements and holds that link all elements. In singles this also includes the entrances and exits of technical elements. In evaluating the transitions/linking footwork and movement, the following must be considered:
  - Variety
  - Difficulty
  - Intricacy
  - Quality
  
- (3) **PERFORMANCE/EXECUTION:** Performance is the involvement of the skater physically, emotionally and intellectually as they translate the intent of the music and choreography. Execution is the quality of movement and precision in delivery. In evaluating the Performance/Execution, the following must be considered:
  - Physical, emotional and intellectual involvement
  - Carriage
  - Style and individuality/personality
  - Clarity of movement
  - Variety and contrast
  - Projection

- (4) **CHOREOGRAPHY:** An intentionally developed and/or original arrangement of all types of movements according to the principles of proportion, unity, space, pattern, structure and phrasing. In evaluating the choreography/composition the following must be considered:
- Purpose (idea, concept, vision, mood)
  - Proportion (equal weight of parts)
  - Unity (purposeful threading of all movements)
  - Utilization of personal and public space
  - Pattern and ice coverage
  - Phrasing and form (movements and parts structured to match the phrasing of the music)
  - Originality of purpose, movement and design.
- (5) **INTERPRETATION:** The personal and creative translation of the music to movement on ice. In evaluating the interpretation of the music, the following must be considered:
- Effortless movement in time to the music (timing)
  - Expression of the music's style, character and rhythm
  - Use of finesse to reflect the nuances of the music.
- (6) **PROGRAM COMPOSITION:** The technical elements included in the program. In evaluating the program composition the following must be considered:
- Required technical elements included
  - All required elements must be attempted to achieve a Satisfactory in program composition. Each element does not have to be successfully executed.
- ~~(1) **USE OF ICE:** Refers to the ability to cover the ice surface using different shapes and patterns.~~
- ~~(2) **CARRIAGE/LINE/FORM:** Refers to the skater's posture and body positions on the ice.)~~
- ~~(3) **SPEED:** Refers to how fast the skater travels over the ice surface and the ability to change speed as dictated by the music. Sureness of Skating Skills with speed refers to the ability to execute solid basic skating (edges, crosscuts, steps) with speed.~~
- ~~(4) **USE OF MUSIC:** Refers to the ability to skate in time to the music, to express the character of the music and to interpret the music.~~
- ~~(5) **CONNECTING STEPS/FIELD MOVEMENTS:** Refers to the steps and movements which join elements together in the program and the inclusion of moves such as spirals, spread eagles, Ina Bauers, pivots, etc.~~
- ~~(6) **PROGRAM COMPOSITION:** Refers to the balance of elements in the program, the placement of highlights on the ice surface, the correct program length and the choreography of the program.~~
- (Regulation change approved by the Board of Directors in April, 2011 effective July 1, 2011)*