



2011-2012 Western Ontario Competition Information Package

SKATE CANADA – Western Ontario COMPETITION PACKAGE

1. GENERAL INFORMATION

All Skate Canada – Western Ontario (WO) Event Announcements shall take precedence to all information in this document.

INFORMATION and CATEGORIES SUBJECT TO CHANGE

Please see Skate Canada – Western Ontario web site www.skating-wos.on.ca for any updates.

This package has been prepared by the Skate Canada – Western Ontario (WO) to document sanction requirements and to standardize categories for competitors with respect to category names, program length, qualifications and required elements.

1. The WO Competition Package shall be referred to for the Technical Requirements for ALL WO Competitions.

This package is reviewed annually at the end of each season to address issues and concerns from skaters, coaches, host committees and officials. There are changes to the categories being offered by some competitions (see opportunities chart as posted on the WO website). The Section also has placed size limits and hours of skating on all events

2. All competitions sanctioned by Skate Canada – Western Ontario (WO) shall be bound by the rules and policies of Skate Canada – Western Ontario, Skate Canada, Skate Ontario and appropriate ISU regulations.
3. The WO Section will work with the REGIONS seeking confirmation of host venues.
4. REGIONS hosting WO Sanctioned Competitions are required to participate in all WO Sponsorship requirements i.e. including complimentary program advertising, the Competition “Onsite Testing” program and other programs as determined by the WO Section Board of Directors. The requirements will be detailed in the Annual communication with the REGIONS and will require written acceptance by the Region Hosts.
5. Regional groupings have been designated for the FUTURES Unlimited competitions. Coaches with Skaters in more than one of the FUTURES Unlimited events may request to attend the event with the largest number of their Skaters entered. This “Request for Permission” is to be made to the Technical Representative (prior to Closing Date) who will consult with the Host Committee to assure space at that event.
6. It is the responsibility of the Local Organizing Committee/Region (LOC) to contact the WO Championship Chair to request permission to apply for a USFSA sanction. **Once permission has been granted, the LOC shall notify the WO Championship Chair of the approval of sanction.** Application forms are available on line at the USFSA web site.
7. (1) **COMPETITIONS REQUIRING A SANCTION:** With the exception of a club competition (inviting Club members only), all competitions conducted under the jurisdiction of the Association or under the joint jurisdiction of the Association and another skating or sponsoring body, requires a sanction by the Association. Such sanction grants permission for the holding of the competition or championships and for the participation of members of the Association.
 - a) **COMPETITIONS INVOLVING USFSA MEMBERS AND FOREIGN SKATERS:** If the competition is to include USFSA skaters, a sanction shall also be obtained from the USFSA. If other foreign skaters are to be included, additional sanctions may be necessary. In this latter case, details may be obtained from the Chief Executive Officer of the Association.

b) INCLUSION OF SANCTION INFORMATION IN PROGRAMS AND ADVERTISEMENTS: All programs and advertisements regarding a sanctioned competition must state that the competition is sanctioned by Skate Canada.

(2) PARTICIPATION OF SKATE CANADA MEMBERS IN NON-SANCTIONED COMPETITIONS: Competitions or championships not under the sole or joint jurisdiction of the Association do not require sanction by the Association, but participation of the Association members in such competitions or championships require sanction by the Association.

(3) SANCTIONS FOR EXHIBITIONS CONDUCTED AS PART OF A COMPETITION: Any exhibition held by the host authorities within forty-eight hours after the close of the competition shall be considered as part of the competition and the sanction for the competition shall specify that such an exhibition be approved. The host shall indicate on the application for a sanction that such an exhibition will take place.

8. Any skater entered in an age-restricted category for which they are not age-qualified shall be disqualified and not permitted to change categories after the start of the competition. Entry fees shall not be refunded.

PROOF OF AGE MAY BE REQUESTED AT REGISTRATION FOR ENTRIES WITH AGE RESTRICTIONS.

9. Competition at all WO sanctioned events shall NOT commence before **8 am** or be scheduled to begin after **10 pm** (5 pm on Sundays). **Invitational events (except for Sizzle, Henderson and Spring Fling) will not start skating until 6 pm on Friday.** It is realized that at certain events it may be necessary to limit the numbers of applications in certain categories. Any such decision is the responsibility of the Technical Representative.

10. Definition – “COMPETITIVE SKATER” – A competitive skater is a skater at the Juvenile level and higher and who is currently registered with Skate Canada as a “COMPETITIVE” skater. All other skaters including Synchronized skaters are considered Recreational Skaters and classified and registered as “STARSkate Skaters”.

11. COMPETITIVE SKATERS: Skaters registered to compete in any category at the Novice or higher level at a Sectional competition, do not qualify to compete in the STARSkate Championships in any category at any level. Skaters registered to compete in the Juvenile and Pre-Novice level at a Sectional competition may register to compete in event categories at the STARSkate level other than those competed in at a Sectional competition providing they meet all other requirements. Please see the table below for the qualifications for entry to STARSkate Championships by Competitive Skaters.

COMPETITIVE CATEGORY (registered at Sectionals)	Events that may be entered at the STARSkate Championships (or qualifying event)
Novice and higher in Singles, Dance and Pairs	No Categories
Juvenile / Pre-Novice Competitive Dance	Singles, Pairs, Interpretive, Triathlon
Juvenile / Pre-Novice Competitive Singles	Dance, Pairs, Interpretive, Biathlon,
Juvenile / Pre-Novice Competitive Pairs	Singles, Dance, Interpretive, Biathlon, Triathlon
Synchronized Skating Skaters may compete in any Category	

12. The Technical Representative reserves the right to restrict entries due to scheduling and time constraints.

13. Categories may be cancelled if “qualified” Officials are not available. This will be at the discretion of the Technical Representative. A category with less than 4 skaters **may** be combined or cancelled.

14. Competitive testing is offered at designated competitions in Western Ontario. Skaters trying tests will be required to pay the applicable Skate Canada \$20.00 test fees plus an administration fee of \$10.00 to the LOC.

15. The WO Board approved CAMERA policy, as stated below, shall be in effect for all WO sanctioned events.

WESTERN ONTARIO CAMERA POLICY: Ticket holders are only permitted to use cameras at the event for personal use. Cameras lens must not be larger than 200 mm. Absolutely no video cameras or digital cameras using video are allowed. No flash photography is allowed. Any resale of photography is strictly prohibited.

16. Western Ontario Sport Sciences medical guidelines shall apply to all WO sanctioned events. The Local Organizing Committee is responsible for appointing a medical coordinator as part of the committee. Further information is available from the Section office and also on the WO Website.
17. Questions and requests for further assistance should be directed to the Skate Canada – Western Ontario Championship/Events Chair or to the Section office at 1-519-686-0431(ext 23), fax 1-519-686-0593 or email programs@skating-wos.on.ca
18. Phone calls to any Organizing Committee not accepted after 10:00 p.m.

REFERENCE INFORMATION FOR TECHNICAL REQUIREMENTS FOR ALL CATEGORIES

The Technical Requirements for the following Events take precedence over other information published by Skate Canada – Western Ontario Championship Committee.

Skate Canada Canadian Championship Announcement and Technical Package.

Skate Canada Junior National Championship Announcement and Technical Package.

The above announcement packages describe events, categories and technical requirements for Qualifying categories for Singles, Dance, Pairs, categories as defined in the Skate Canada Rulebook and made available on the Skate Canada web site www.skatecanada.ca

ONTARIO Region Synchronized Skating Championships

Skate Canada Synchronized National Championships

The above announcement packages describe events, categories and technical requirements for Qualifying Events for the National Synchronized Skating Championships. The details are covered in the Skate Canada Rulebook, Skate Canada document “Synchronized Skating Program requirements” and made available on the Skate Canada web site www.skatecanada.ca

Skate Ontario TRILLIUM STARSkate Championships, – Singles, Dance, Pairs

Skate Ontario TRILLIUM CUP – Singles, Dance, Pairs

The announcement packages describe the events, categories and technical requirements leading up to the Skate Ontario TRILLIUM STARSkate Championships. Qualifying is done through the WO STARSkate Championships. Qualifying for the Skate Ontario Trillium Cup is done through the Skate Canada Sectionals – Western Ontario Championships. The Trillium Cup is only held in the opposite years to the Ontario Winter Games. Pre-Novice Synchronized teams will compete at the Ontario Winter Games by qualifying through the Ontario Regional Championships. Please see the Skate Ontario web site www.skateontario.org for the competition announcements and technical package.

Special Needs / Special Olympics Competitions

Skate Canada – Western Ontario will be offering categories to our Special Needs Competitors at designated competitions. These categories shall be as defined by the Special Olympics technical guidelines. The complete Special Needs technical package can be obtained from the Special Olympics web site.

http://www.specialolympics.org/Special+Olympics+Public+Website/English/Compete/Sports_Rules/Winter+Sports.htm

Skate Canada Adult Championships

Skate Canada Technical Guidelines for Adult categories (Singles, Dance, Pairs, Interpretive and Synchronized Skating) shall apply to any Western Ontario competition specifically designated to offer these categories. The WO STARSkate Championships event will provide a non-qualifying Showcase for the Adult Singles, Dance, Pairs and Interpretive categories. There is no qualifying required in Singles, Dance, Pairs, Interpretive and Synchronized Skating to attend the National Adult Championship. Other Invitational events offer some or all Adult categories. The complete Technical packages are made available on the Skate Canada web site www.skatecanada.ca

OUA – Ontario University Athletics Competitions

The OUA announcement packages describe the categories and technical requirements for the events offered during the season. The Varsity Technical package is made available on the Skate Canada – Western Ontario web site www.skating-wos.on.ca/programs/varsity

Canada Winter Games

Ontario Winter Games

The above announcement packages describe the categories and technical requirements for the events offered during the season. Please see the Skate Ontario website www.skateontario.org for this information. Qualifying for the Canada Winter Games event (every 4 years) is done through the Skate Canada - Western Ontario Sectional Championships. The Ontario Winter Games is only held in the opposite years to the Trillium Cup. Qualifying for the Ontario Winter Games event (every 2 years) is done through the Skate Canada - Western Ontario Sectional Championships and Ontario Regional Synchronized Skating Championships Please see the Skate Ontario website www.skateontario.org for the competition announcements and technical package.

LTAD Jump Competition Categories

Skate Canada Technical Guidelines for the JUMP Categories shall apply to any Western Ontario competition specifically designated to offer these categories. The complete Technical packages are made available on the Skate Canada web site www.skatecanada.ca.

Note: Not offered in 2011/12 season

2. GENERAL NOTES

FOR ALL CATEGORIES OFFERED AT COMPETITIONS SANCTIONED BY SKATE CANADA – WESTERN ONTARIO

All Event Announcements shall take precedence to all information in this document.

RECREATIONAL:

(WO Limited, WO Development Programs, WO Pre-Juvenile STARSkate & CanSkate)

The following notes apply to all Recreational (non-competitive) categories as applicable.

1. For ALL WO Limited & STARSkate categories a competitor may enter ONLY one level in a discipline (one FreeSkate, one Dance, one Interpretive). Triathlon competitors may also be allowed to enter a FreeSkate and or an Interpretive category if time permits at the discretion of the Technical Representative. There shall be no restriction for the WO STARSKATE qualifying event.
2. The Cumulative Point Calculation (CPC) judging system with Video replay will be used for STARSkate Singles, (Junior Bronze and higher), Dance (Junior Bronze and higher), Pairs, Triathlon, Interpretive and Pre-Juvenile categories. Skaters will receive their SKATERS DETAILS SHEET with the return of their music. For any feedback, the skater's coach may approach the Category Referee / Technical Controller ONLY for an explanation.
3. WO Pre-Juvenile competitors may enter a STARSkate category for which they are qualified at events where no Pre-Juvenile categories are offered.
4. Should an event have only one entry at closing date, the skater will be given the option to skate at the next level or withdraw. In the case of a Dance category with only one entry, there is no option to skate at the next level, however at the skaters' choice an exhibition will be allowed. The LOC shall contact the coach to confirm the change. A full refund shall be given if the withdrawal choice is made.

5. Categories reduced to one entry after ALPHA flight postings, but prior to the start of the event will be allowed to skate if so desired. The LOC must make every effort to notify the remaining competitor of the option to move up to the next level, skate an exhibition or withdraw. A full refund shall be given if the withdrawal choice is made.
6. **All categories held at the Futures Unlimited events:** The number of skaters per flight will be limited to 8 skaters or less.
7. **WO CanSkate categories:** If numbers warrant, there WILL be age groupings for Men and Women categories as described in the Category descriptions (minimum 4 skaters per age group). Categories with less than 4 entries may be combined as determined by the Technical Representative.
8. **WO Pre-Preliminary Limited up to and including WO JUNIOR Bronze Limited categories:** If numbers warrant, these categories WILL be age flighted based on entry numbers (minimum 4 skaters per age group). See also the "2010-2011 Skate Canada - WO "Limited Categories" criteria. The WO SENIOR Bronze Limited category will not be age flighted.
9. Data Specialists shall ensure that AGE and then CLUB sorts have been applied to the flighting of groups as directed for applicable categories.
10. For all categories except, CanSkate, the appropriate **Skate Canada Well Balanced Program** criteria shall be followed.
11. The Skate Canada Series 8 Dance Music will be used.
12. Dances are to be skated in order listed. Please reference the Skate Canada Technical Handbook – "Figure Skating Terms Defined" – the number of sequences to be skated will be according to the Evaluated Test requirements. The Dance draws for all events and # of sequences are listed in the Recreational Dance Draw chart posted on the WO Website.
13. A list of elements for categories with restrictions shall be provided to the Category Referee and each Judge on the panel by the Technical Representative .
14. Reference – Skate Canada – Western Ontario website www.skating-wos.on.ca for competition category restrictions and allowed elements.
15. Skater(s) may be disqualified from the competition if entered in the wrong age level and/or category.
16. Current Home Club Membership, for each skater must be verified on the entry form by the Club Test Chair or President's signature.
17. Medal winners are expected to wear skating attire at medal presentations.
18. The LTAD Jump categories may be limited and/or combined by the Technical Representative as necessary due to time and official availability. **Note:** Not offered in 2011/12 season.

COMPETITIVE:

(Juvenile, Pre-Novice, Novice, Junior and Senior)

The following notes apply to all Competitive categories as applicable.

1. For ALL Competitive categories (Singles, Pairs and Dance) except at qualifying events, skating up is allowed. Competitors must indicate it on the application form.
2. The Cumulative Point Calculation (CPC) judging system with Video replay will be used for Competitive categories. Skaters will receive their SKATERS DETAILS SHEET at the draw for the next portion of their event OR with the return of their music. For any feedback, the skater's coach may approach the Category Referee / Technical Controller ONLY for an explanation.
3. WO Pre-Juvenile category is NOT a Skate Canada "Competitive" category but is judged under the CPC method – see the notes for Recreational categories for additional details.
4. Should a category have only one entry at closing date, the LOC shall contact the skaters' coach, giving the skater(s) the option to skate at the next level or skate an exhibition or withdraw. In the case of a Dance category with only one entry, there is no option to skate at the next level. A full refund shall be given if the withdrawal choice is made.
5. Categories reduced to one entry after ALPHA flight postings, but prior to the start of the event will be allowed to skate if so desired. The LOC must make every effort to notify the remaining competitor of the option to move up to the next level, skate an exhibition or withdraw. A full refund shall be given if the withdrawal choice is made.
6. When scheduling, every attempt will be made to avoid conflicts. Should conflicts be unavoidable there will be no revisions made to the schedule. It is the responsibility of the Skater to notify the Host committee of a conflict, and the Skater will be required to choose the category he/she will skate. If notified in advance of the competition, the skater will be given a full refund (**refunds will only be authorized by committee if notification is made prior to the start of the FIRST SKATE of the competition**).
7. For all Competitive and Pre-Juvenile categories the appropriate **Skate Canada Well Balanced Program Criteria** shall be followed.
8. For all competitive categories technical requirements refer to the Skate Canada Rule Book and Technical Handbook.
9. The technical requirements for the Pre-Juvenile categories shall be as described in this Technical package (page 14).
10. All competitive categories shall be **combined categories** unless specifically indicated otherwise in the event announcement.
11. Short Program elements and Short dance shall be as per Skate Canada Notice Board. The Singles and Pair Short Program elements for the next season shall be skated at all WO events held after January 1st of the current season.
12. Age restrictions shall apply as defined in the Skate Canada Technical Handbook.
13. Pattern Dances and restrictions shall be those announced for the Sectional qualifying event for the current season as set out in the Skate Canada Technical Handbook or "Notice Board" unless specifically indicated otherwise.
14. Dances are to be skated in Rulebook order. Please reference the Skate Canada Technical Handbook – "Figure Skating Terms Defined" – the number of sequences to be skated will be as listed for competition. The Dance draws for all events and # of sequences are listed in the Competition Dance Draw chart posted on the WO Website.
15. Competitive Dance categories will use the applicable music as per Skate Canada Rules.
16. All rule amendments will be applied as per the effective date.
17. Medal winners are expected to wear skating attire at medal presentations.

3. ACCREDITATION and MUSIC Requirements

FOR ALL CATEGORIES OFFERED AT COMPETITIONS SANCTIONED BY SKATE CANADA – WESTERN ONTARIO

SKATER ACCREDITATION

Planned Program Sheets

At all Western Ontario events where the CPC system of judging is used SKATERS must submit their Planned Program Sheets before their accreditation will be processed.

The LOC shall provide an efficient process for the collection of **Music** and **Planned Program sheets** as well as the return of music and the Report Cards. The onsite registration group must enforce this collection process and provide to the Technical Specialists the PPS within reasonable time prior to the category start time.

The following procedure shall be implemented for all competitions. This complete procedure is the SKATER'S responsibility and as such ONLY the SKATER may register music and Planned Program Sheets and receive their Report Cards.

Registration Process

ALL Music and Planned Program Sheets for all categories SHALL be registered FIRST (the SKATER'S signature is required for both items). All music shall be registered at the same time (Short and Long programs). The skater will be given a ticket when they have completed the registration of ALL their music and PPS for the competition. Now the Skater may present themselves to be accredited and receive ID and other papers and info.

Note: this includes **STARSkate** (FreeSkate, Triathlon and Interpretive) categories and **Competitive** (Short and Long programs, Short and Free dance) categories.

RETURN of MUSIC and "REPORT CARDS" Process

OBO Judged Categories - music may be picked up immediately after the result is posted.

CPC Judged Categories - Report Cards will be available at Music Registration upon posting of the Segment and/or Category results. Skaters may sign out SHORT program music at any time after their skate provided the "Report Card" is available or has been received at the Draw. LONG program music will not be returned to the SKATER until the "Report Card" is available.

There will only be ONE copy of a "REPORT CARD" produced and this may only be received by the SKATER and must be signed for. Report cards not picked up by the skaters at the competition, shall be available from the Chief Data Specialist for a period of 30 Days.

MUSIC REQUIREMENTS

NOTE: Information regarding the appropriate software programs to use in order to ensure CD's are compatible with the WO music equipment is available from the Skate Canada Western Ontario (WO) Audio Personnel.

wosaudio@execulink.com OR www.skating-wos.on.ca

1. General

- i) Each compact disc shall be a standard **CD-R** compact disc and enclosed in a single transparent plastic CD case. (**DO NOT** use **CD-RW**)

- ii) Music on CD must be in **CD Audio** format (**cda** file). (**NOT mp3; .acc or DVD**)
- iii) **For quality it is recommended to burn only music files that are in wav format.**
- iv) Skater or Team should keep a **CD** in a safe place for **COMPETITION USE ONLY.**

2. Music Information

- i) Music information shall be completed in detail as required on Entry Form for each skater or team.

3. Music Registration

- i) Each skater or team shall register **ALL** music at the music registration desk.
- ii) Each skater or team shall register **1 CD** for each program(short; long; OD; Free Dance)
(**Recommendation:** Skater or Team carries a **second** copy of their music at rink side.)

4. Labeling **NO STICK ON LABELS ALLOWED ON EITHER SIDE OF CD!** (Labels Cause CD to Jam in CD Player)

- i) Each CD will require a **VERSION #** (Ver. 1) **Date** solo was created (mo/yr) on **CD ONLY** {when a skater's music is changed the Version # will change and Date will reflect the date (mo/yr) of the change.}
- ii) Skater or Team name, category name, total music time and Home Club shall be clearly **Printed** on:
 - a. Label on CD case back insert **ONLY**. CD must be visible in front of case.
 - b. IDENTIFY CD by writing on front of CD using an approved pen. Use of a fine or medium point Sharpie is OK. **Do not use ballpoint pen.**
 - c. **DO NOT** write on recorded side of CD **OR** apply STICK ON Labels to CD.

5. Recording Specifications

- i) Only **one** program (**using one track only**) shall be recorded on each CD.
- ii) Music shall be recorded on CD so that it starts within not less than **.25 second** and not more than **.5 second** after PLAY button is pressed on CD player
- iii) CD recording level shall be a normal, consistent listening level.

WO Music Guidelines are also posted on the WO website www.skating-wos.on.ca.

4. TECHNICAL REQUIREMENTS

**FOR ALL CATEGORIES OFFERED AT COMPETITIONS SANCTIONED BY
SKATE CANADA – WESTERN ONTARIO**

WO 'CANSKATE' Categories

WO CANSKATE:

Must **not** have passed any part of Skate Canada **FreeSkate** test

Program length: 1.0 min. (+or- 10 sec.)

Age Groupings: 6 years of age & under as of closing date

7 years of age as of closing date

8 years of age & over as of closing date

Restrictions:

- 1) Maximum of 3 jump elements. Jumps may only include up to and including Single Toe Loop, Single Salchow jump
 - a) Must include at least one Waltz type Jump
 - b) Maximum of one combination or sequence
 - c) No jump included more than twice and if a jump is repeated it must be in combination or sequence
- 2) Maximum of 1 spin element - Forward One-Foot spin or Backward One-Foot spin
- 3) Forward Spiral of any kind

WO SINGLES 'LIMITED' Categories

Skate Canada Well Balanced Program Criteria is to be followed for these categories.

WO PRE-PRELIMINARY LIMITED:

Must **not** have passed the complete Skate Canada Preliminary FreeSkate test and/or any part of the Junior Bronze FreeSkate test.

Program length: 1.5 min. (+or- 10 sec.)

Will be sorted by age based on entry numbers.

Restrictions/ Well Balance Criteria:

- 1) Maximum of 6 jump elements. Jumps may only include up to and including Flip and Loop jumps
 - a) Must include at least one Waltz type jump
 - b) Maximum 1 combination or sequences. Jump combination may contain no more than 2 jumps
 - c) No jump included more than twice and if a jump is repeated it must be in combination or sequence
- 2) Maximum of 2 spins.
 - a) Upright Spin or Change Foot Upright Spin
 - b) Camel or Sit spin No combination spin allowed
- 3) Forward or Backward Spiral on an edge
- 4) Step Sequences – encourage using 3 turns, mohawks, choctaw (both directions)

WO PRELIMINARY "A" LIMITED:

Must **not** have passed the complete Skate Canada Junior Bronze FreeSkate test and/or any part of the Senior Bronze FreeSkate test.

Program length: 1.5 min. (+or- 10 sec.)

Will be sorted by age based on entry numbers.

Restrictions/ Well Balance Criteria:

- 1) Maximum of 6 jump elements. Jumps may include any jumps of one (1) rotation or less
 - a) Must include at least one Waltz type jump
 - b) Maximum 2 combinations or sequences. Jump combinations may contain no more than 2 jumps
 - c) No jump included more than twice and if a jump is repeated it must be in combination or sequence
- 2) Maximum of 2 spins. *All spins assessed no higher than Level 1*
 - a) Maximum one may be a flying spin
 - b) One spin of any nature
- 3) Maximum one step sequence or spiral sequence (no higher than level 1)

WO PRELIMINARY "B" LIMITED

Must **not** have passed the complete Skate Canada Junior Bronze FreeSkate test and/or any part of the Senior Bronze FreeSkate test

Program length: 1.5 min. (+or- 10 sec.)

Will be sorted by age based on entry numbers

Restrictions/ Well Balance Criteria:

- 1) Maximum of 6 jump elements. No Double jumps may be attempted
 - a) Must include at least one Axel type jump (Waltz or Axel)
 - b) Maximum 2 combinations or sequences. Jump combinations may contain no more than 2 jumps
 - c) No jump included more than twice and if a jump is repeated it must be in combination or sequence
- 2) Maximum of 2 spins. *All spins assessed no higher than Level 1*
 - a) Maximum one may be a flying spin
 - b) One spin of any nature
- 3) Maximum one step sequence or spiral sequence (no higher than Level 1)

WO JUNIOR BRONZE LIMITED

Must have passed the Skate Canada Junior Bronze FreeSkate test but no higher complete test

Program length: 2.0 min. (+or- 10 sec.)

Will be sorted by age based on entry numbers.

Restrictions/ Well Balance Criteria:

- 1) Maximum 6 jump elements. No Double jumps may be attempted.
 - a) Must include at least one Axel type jump (Waltz or Axel)
 - b) Maximum 2 combinations or sequences. Jump combinations may contain no more than 2 jumps
 - c) No jump included more than twice and if a jump is repeated it must be in combination or sequence
- 2) Maximum of 3 spins. *All spins assessed no higher than Level 1*
 - a) Maximum one may be a flying spin
 - b) One spin of any nature
- 3) Maximum one step sequence or spiral sequence.

WO SENIOR BRONZE LIMITED

May have passed the Skate Canada Senior Bronze FreeSkate test but no higher complete test

Program length: 2.5 min. (+or- 10 sec.)

Will be NOT be sorted by age

Restrictions/ Well Balance Criteria:

- 1) Maximum of six jump elements. Double jumps up to and including Salchow and Toe Loop jumps.
 - a) All single jumps and 2 double jumps.
 - b) Must include at least one Axel jump (Waltz or single Axel)
 - c) Maximum 3 combinations or sequences. Jump combination may contain no more than 2 jumps
 - d) No jump included more than twice and if a jump is repeated it must be in combination or sequence
- 2) Maximum of three spins. *All spins assessed no higher than Level 1*
 - a) One spin must be a combination spin, change of foot mandatory
 - b) One spin must be a flying spin in one position with no change of foot
 - c) One spin of any nature
- 3) Maximum one step sequence or spiral sequence. All step/spiral sequences assessed no higher than Level 1
Note: The first step or spiral sequence included in the program which meets the minimum requirement to be identified will be counted.

WO 'DEVELOPMENT PROGRAM' Categories

Skate Canada Well Balanced Program Criteria is to be followed for these categories.

Reference: For technical requirements and categories please see Skate Canada – Western Ontario program reference materials. For the current season brochure please contact the WO Programs Coordinator at the Section office or the Skate Canada – Western Ontario website www.skating-wos.on.ca

Skate Canada Well Balanced Program Criteria is to be followed for all WO categories.

CATEGORIES SUBJECT TO CHANGE

Please see Skate Canada – Western Ontario website: www.skating-wos.on.ca for any updates.

WO 'HIGH SCHOOL' Categories

Skate Canada Well Balanced Program Criteria is to be followed for these categories.

- Separate categories for Women and Men shall be offered
- The general notes for WO sanctioned competitions shall apply
- Time and officials availability may require categories to be restricted
- All categories will be judged using the OBO system

STARSKATE Free Skate Categories:

- (1) **GOLD** - must have passed the Gold Free Skate Test. In addition, the skater may have passed no higher than Novice Competitive Singles Test. Program must be 3.5 minutes for Women and 4.0 minutes for Men (+or- 10 sec.)
- (2) **SENIOR SILVER** - must have passed the Senior Silver Free Skate Test but no higher complete free skate test. In addition, the skater may have passed no higher than the Pre-Novice Competitive Singles Test. Program must be 3.0 minutes (+or- 10 sec.)
- (3) **JUNIOR SILVER** - must have passed the Junior Silver Free Skate Test but no higher complete free skate test. The skater must not have passed any competitive singles tests. Program must be 3.0 minutes (+or- 10 sec.)
- (4) **SENIOR BRONZE** - must have passed the Senior Bronze Free Skate Test but no higher complete free skate test. Program must be 2.5 minutes (+or- 10 sec.)
- (5) **JUNIOR BRONZE** - must have passed the Junior Bronze Free Skate Test but no higher complete free skate test. Program must be 2.0 minutes (+or- 10 sec.)
- (6) **PRELIMINARY** - must have passed the Preliminary Free Skate Test but no higher complete free skate test. Program must be 1.5 minutes (+or- 10 sec.)

COMPETITIVE Short Program Category (OPEN):

- Must be a registered with Skate Canada as a Competitive skater
- Must have passed the Novice Competitive Singles Test or higher.
- Current year's Novice Short Program elements to be skated.
- Program length shall be as for the Novice category.

INTERPRETIVE Categories:

- (1) **INTERPRETIVE 1** - For skaters who have completed the Introductory Interpretive Test. Program length is a minimum of 2.0 minutes and a maximum of 3.0 minutes (+/- 10 seconds).
- (2) **INTERPRETIVE 2** - For skaters who have completed the Bronze Interpretive Test. Program length is a minimum of 2.0 minutes and a maximum of 3.0 minutes (+/- 10 seconds).
- (3) **INTERPRETIVE 3** - For skaters who have completed the Silver Interpretive Test. Program length is a minimum of 2.0 minutes and a maximum of 3.0 minutes (+/- 10 seconds).
- (4) **INTERPRETIVE 4** - For skaters who have completed the Gold Interpretive Test. Program length is a minimum of 2.0 minutes and a maximum of 3.0 minutes (+/- 10 seconds).

TEAM ELEMENTS Categories:

- A team shall be composed of 2 - 5 members.
- Teams may be mixed ladies and men.
- A school may ONLY enter one team per category and each skater may only participate on one team.
- There will be a one-minute warm-up period (Stroking only) for all skaters and a one-minute warm-up period for each element.
- Each member of the team executes his/her designated element only once. For a team with two - four skaters, some skaters will need to execute two or more elements.
- Elements to be skated shall be as listed in the current season's WO High School Announcement.

(1) **HIGH SCHOOL TEAM ELEMENTS 1**

Test: Must not have passed the complete Junior Bronze Free Skate Test.

(2) **HIGH SCHOOL TEAM ELEMENTS 2**

Test: Must not have passed the complete Senior Bronze Free Skate Test.

(3) **HIGH SCHOOL TEAM ELEMENTS 3**

Test: Must have passed the complete Senior Bronze Free Skate Test or higher.

SOLO DANCE Categories:

- Dances to be skated shall be as listed in the current season's WO High School announcement.
- Number of patterns skated are as per Evaluated test requirements.

- (1) **SOLO DANCE 1** - For skaters who have completed the complete Junior Bronze Dance Test but not the complete Junior Silver Dance Test.
- (2) **SOLO DANCE 2** - For skaters who have completed the complete Junior Silver Dance Test but not the complete Gold Dance Test.
- (3) **SOLO DANCE 3** - For skaters who have completed the complete Gold Dance Test.

CATEGORIES SUBJECT TO CHANGE

Please see Skate Canada – Western Ontario website: www.skating-wos.on.ca for any updates.

'STARSkate' Categories

Skate Canada Well Balanced Program Criteria is to be followed for these categories.

Reference: For technical requirements please see Skate Canada STARSkate Competition Technical Package and the Skate Ontario Trillium STARSkate Championship Technical Package.

SINGLES

PRE-PRELIMINARY STARSkate, PRELIMINARY STARSkate, JUNIOR BRONZE STARSkate, SENIOR BRONZE STARSkate, JUNIOR SILVER STARSkate, SENIOR SILVER STARSkate, GOLD STARSkate.

DANCE

PRELIMINARY DANCE, JUNIOR BRONZE DANCE, SENIOR BRONZE DANCE, JUNIOR SILVER DANCE, SENIOR SILVER DANCE, GOLD DANCE and DIAMOND DANCE

PAIRS

OPEN PAIRS

INTERPRETIVE

INTRODUCTORY, BRONZE, SILVER, GOLD

TRIATHLON

BRONZE, SILVER, GOLD

LTAD JUMP Categories

Details of this new stream of categories can be located in Skate Canada > Members Only section > Technical & Programs > Long term Athlete Development > LATD Jump Competition

Notes: Results will be posted for only the overall final placings in each category for men and women separately, though men and women may participate simultaneously.

Skaters cannot compete in a category lower than the level competed in the immediately preceding sectional championships where Category B = Juvenile, Category C = PreNovice, Category D = Novice.

Category Specifications:

Category A: All skaters who have passed the complete Senior Bronze Free Skating Test, but no higher than the complete Junior Silver Free Skating test. Skaters must not have passed a Competitive Singles test.

Category B: All skaters who have passed the complete Junior Silver Free Skating Test (but no higher complete free skating test) OR passed the Juvenile Singles test but no higher than the Pre-Novice Singles test.

Category C: All skaters who have passed the complete Senior Silver Free Skating Test (but no higher complete free skating test) OR passed the Pre-Novice Singles test but no higher than the Novice Singles test.

Category D: All skaters who have passed the Gold Free Skating test OR passed Novice Singles Test but no higher than the Junior Singles test.

Category E: All skaters who have passed the Junior or Senior Competitive Singles Test. Category E may be split into EI (Junior) and EII (Senior) where appropriate.

Note: Not offered in 2011/12 season

WO 'PRE-JUVENILE' Categories

Skate Canada Well Balanced Program Criteria is to be followed for these categories.

These categories qualify for the Skate Ontario Trillium STARSkate Championships and as such the test and age qualifications and technical specifications of these categories shall be as outlined in the Trillium STARSkate Technical Announcement.

WO PRE-JUVENILE SINGLES:

- i) TEST: Competitors must have passed the complete Junior Bronze Free Skating Test
- ii) Shall be under the age of 11 years (women) and 12 years (men) before July 1 preceding the event.
- iii) SPECIFICATIONS FOR CATEGORY: Program length: 2.5 minutes (+or- 10 sec.)

WO PRE-JUVENILE DANCE:

- i) TEST: Competitors must have passed the complete Preliminary Dance test.
- ii) Shall be under the age of 14 years before July 1 preceding the event.
- ii) SPECIFICATIONS FOR CATEGORY: 2 compulsory dances to be skated as defined in the Skate Ontario Trillium STARSkate Announcement and Technical Requirements.

WO PRE-JUVENILE PAIRS:

- i) TEST: Each partner must not have passed any Pair test. Each partner must have passed the complete Preliminary Free Skating Test.
- ii) Shall be under the age of 14 years before July 1 preceding the event.
- iii) SPECIFICATIONS FOR CATEGORY: Program length: 2.5 minutes (+ or – 10 sec.)

'COMPETITIVE' - SINGLES, DANCE and PAIRS Categories

Skate Canada Well Balanced Program Criteria is to be followed for these categories.

Reference: For Technical requirements please see Skate Canada Technical Handbook.

JUVENILE, PRE-NOVICE, NOVICE, JUNIOR and SENIOR

SPECIAL NEEDS (SPECIAL OLYMPICS) Categories

The Official Canadian Special Olympic (CSO) Sports Rules shall govern all CSO Figure Skating Competitions. As a National Sports program, CSO has created these rules based upon International Skating Union (ISU) and Skate Canada (SC) rules for Figure Skating. ISU or the SC rules shall be employed except when they are in conflict with the Official CSO Sports Rules. In such cases, the Official CSO Figure Skating Rules shall apply.

NOTE:

- i) Special Olympics offer three (3) official figure skating categories: Singles Competition, Pairs Skating and Ice Dance.
- ii) At WO Invitational events, the Singles categories will be offered as a Free Skate ONLY category

Please review the Rules issued by Canadian Special Olympics. A copy of the Skate Canada - Western Ontario specific requirements are available at the WO office by calling 519-686-0431 (ext 23) or email programs@skating-wos.on.ca

The complete Special Needs technical package can be obtained from the Special Olympics web site.
http://www.specialolympics.org/Special+Olympics+Public+Website/English/Compete/Sports_Rules/Winter+Sports.htm

ADULT – RECREATIONAL Categories

Skate Canada Well Balanced Program Criteria is to be followed for these categories.

Adult categories will be offered at designated WO events.

Skate Canada Guidelines for Adult categories shall apply to any Adult categories offered at Skate Canada – Western Ontario Competitions. Please review the criteria and Rules issued by Skate Canada.

NOTE: There are no qualifying requirements for the National Adult Competition.

WO is providing Adult categories at the **WO STARSkate Championships** to showcase the Adult skaters. All Adult competitors are encouraged to attend this event.

The number of entries in the Adult categories is traditionally low. It is therefore expected that all entries, including categories with only one entry, will be skated at the competitions.

Age categories may be divided or combined depending on the number of registrations and at the discretion of the Technical Representative. Men and Women's categories may not be combined. If there is a need to combine age categories because the number of skaters in a category is low, the skaters will be notified.

For technical requirements please see Skate Canada's Adult Technical Package as found on the Skate Canada website www.skatecanada.ca

SYNCHRONIZED SKATING Categories

Skate Canada Well Balanced Program Criteria is to be followed for these categories.

Reference: For technical requirements please see the Skate Canada "Synchronized Skating Program Requirements" document.

Beginner I, Beginner II, Elementary, Juvenile, Pre-Novice
Novice, Intermediate, Open, Junior, Senior
Adult SYS Class 1, Adult SYS Class 2, Adult SYS Class 3

5. EVENT SPECIFIC INFORMATION

Notes related to Skate Canada – Western Ontario sanctioned events

GENERAL NOTES:

- 1) Technical requirements for WO defined categories are included within this document. For all other categories refer to the applicable technical package from the governing body. (i.e.: Skate Canada, Skate Ontario, OUA, Special Olympics, etc.)
- 2) Actual closing date information is provided in each WO Competition Announcement.
- 3) The appropriate Skate Canada Well Balanced Program criteria shall be followed for all WO Recreational (Limited), WO Development Program, WO High School, WO Pre-Juvenile, STARSkate, Adult, Competitive and Synchronized Skating categories.
- 4) FLIGHT LISTS (sorted as applicable showing skaters in alphabetical order) and a Tentative Competition Schedule will be posted as soon as possible after the Closing Date of the Competition on the Skate Canada - Western Ontario website: www.skating-wos.on.ca.
- 5) LOC's, Technical Representatives and Data Specialists should refer to the TIMELINE document outlining the appropriate responsibilities for providing a reasonable timeline for the posting of Alpha Flight lists and tentative schedule for sanctioned events
- 6) Changes to schedules from the initial posting will NOT be reflected on the websites. Coaches, Skaters and Parents are responsible for verifying their latest skating times at registration.
- 7) Please refer to the WO OPPORTUNITIES Chart and EVENT SPECIFIC ANNOUNCEMENTS for actual Categories offered at WO events.
- 8) The Cumulative Point Calculation (CPC) judging system with Video replay will be used at this event for Competitive, WO Pre-Juvenile, STARSkate (Junior Bronze and higher), Interpretive, Triathlon and Synchronized Skating categories. Skaters will receive their SKATERS DETAILS SHEET. For any feedback, the skater's coach may approach the Category Referee / Technical Controller ONLY for an explanation.
- 9) Skate Canada Well Balanced Program Criteria is to be followed for all categories except CanSkate.

EVENT SPECIFIC NOTES:

Summer Sizzle Invitational Competition

- i) Closing Date – approximately 30 days prior to the start of the competition.
- ii) All rule amendments passed at the Skate Canada Annual Meeting, and taking effect July 1 of the current year will be applied at the “Summer Sizzle” Competition.
- iii) ON-SITE TESTS: **COMPETITIVE** Singles, Pairs and Dance Free Program tests (except Pre-Novice Dance) will be offered. The Skater must be entered into the category for which they are being tested. The competitive test application form included with the announcement must be completed and forwarded to the registrar of the competition with the applicable fees.
- iv) Competitive Singles, Pairs and Dance categories will be skated as SEPARATE categories.

Isabelle Henderson Memorial Invitational Competition

- i) Closing Date: approximately 45 days prior to start of competition.
- ii) ON-SITE TESTS: **COMPETITIVE** Singles, Pairs and Dance Free Program tests (except Pre-Novice) will be offered. The Skater must be entered into the category for which they are being tested. The competitive test application form included with the announcement must be completed and forwarded to the registrar of the competition with the applicable fees.
- iii) Practice Ice will NOT be available at this event
- iv) Competitive Singles, Pairs and Dance categories will be skated as COMBINED categories.

Skate Canada – Western Ontario Section Championships

- i) **Closing Date:** October 1 of current year. (Skate Canada rule.)
- ii) Residency: Skate Canada - Western Ontario policy shall apply for all Qualifying events
 - The home club of a skater shall be the member club where an eligible person registers with Skate Canada for purposes of competing in qualifying events. The home club shall be in the Section in which he/she resides unless otherwise approved by the Section Board of Directors of the Section in which the skater does not reside. Skaters who are moving to a new Section may maintain their original club as a home club. (Skate Canada Rule 2201, (1))

John McKay Memorial Invitational Competition

- i) Closing Date: approximately 45 days prior to the start of the competition.
- ii) Reference – WO Development Program technical requirements and categories see Skate Canada – Western Ontario Program reference materials. For the current season brochure contact the WO Programs Coordinator at the Section office or the Skate Canada – Western Ontario website www.skating-wos.on.ca.
- iii) Skaters entering the TRIATHLON categories may also enter a STARSkate Free Skate category.

Bill Phillips Memorial Synchronized Skating Invitational Competition

- i) Closing Date: approximately 45 days prior to the start of the competition.
- ii) Junior and Senior categories will be skated as separate categories.
- iii) All teams will perform two skates (two free programs or a short and a free program)

Lloyd Ogilvie Memorial Synchronized Skating Invitational Competition

- i) Closing Date: approximately 45 days prior to the start of the competition.
- ii) Junior and Senior categories will be skated as COMBINED categories. It is required that the team skate the SHORT program to be allowed to skate the FREE.
- iii) All teams will perform two skates (two free programs or a short and a free program)

Charles Dover Memorial Invitational Competition

- i) Closing date: approximately 45 days prior to the start of the competition.

Pat Abela - Lyle McPhedran Memorial Invitational Competition

- i) Closing Date: approximately 45 days prior to the start of the competition.
- ii) Reference – Skate Canada Junior National and Canadian Championship announcement for Technical requirements for the Juvenile Competitive categories.

Dennis Silverthorne Memorial Invitational Competition

- i) Closing Date: approximately 45 days prior to the start of the competition.
- ii) Skaters entering the TRIATHLON categories may also enter a STARSkate Free Skate category
- iii) Competitive Singles, Pairs and Dance categories will be skated as SEPARATE categories.
- iv) Singles and Pairs Short Programs will skate the **next season's elements**.
- v) ON-SITE TESTS: **COMPETITIVE** Singles, Pairs and Dance (except Pre-Novice Dance) Free Program tests will be offered. The skater must be entered into the category for which they are being tested. The competitive test application form included with the announcement must be completed and forwarded to the registrar of the competition with the applicable fees.

Western Ontario - STARSkate Championships

- i) Closing Date: approximately 45 days prior to the start of the competition.
- ii) For Pre-Preliminary and Preliminary categories, the Age and Test requirements will be as of closing date.
- iii) For all Trillium qualifying categories, the Age & Test requirements shall be as per the Skate Ontario technical package.
- iv) The Development Program Introductory level categories will be included in the event. Skaters must be pre-registered in the program.
- v) Pre-Preliminary, Preliminary and Intro Development categories (non-qualifying) will be judged using the OBO
- vi) All Trillium Qualifying categories will name three skaters to advance to the Skate Ontario Trillium STARSkate Championships as follows:
 - Categories with more than 24 entries, will be sub-divided creating **FLIGHTS** as required
 - Medals will be awarded to the top 3 placements for each category or flight (if the category has been sub-divided)
 - The top 3 placements will qualify for categories which have **not** been sub-divided
 - Where flights have been created, the three skaters with the **highest overall total points** in the category shall be selected to advance to the Trillium event.

NOTE: Triathlon categories will be run as one flight with no qualifying round.

- vii) The WO STARSkate Championship event will provide a non-qualifying Showcase for Adult Singles, Dance, Pairs and Interpretive categories. All Adult competitors are encouraged to attend this event.

Note: There is no qualifying required in these categories to attend the National Adult Championships.

FUTURES Unlimited Invitational Competitions – EAST, CENTRAL and WEST

- i) Closing Date: approximately 45 days prior to the start of the competition.
- ii) Three (3) Competitions are held consecutively for our future stars – “**FUTURES Unlimited– East**” (Hallwent, Niagara, Tri-County Regions), “**FUTURES Unlimited– West**” (Bluewater, Kent, SunParlour Regions), “**FUTURES Unlimited– Central**” (Grand River, HOME, Interclub North Regions)
- iii) Element restrictions shall apply as per the WO Limited Category Criteria.
- iv) Flight size restrictions shall apply.

Western Ontario High School Invitational Competition

- i) Closing Date: approximately 45 days prior to the start of the competition.

Bernie Deveau Adult / Bert Winfield Synchronized Skating Invitational Competition

- i) Closing Date: approximately 45 days prior to the start of the competition.
- ii) Junior and Senior categories will be skated as COMBINED categories. It is required that the team skate the SHORT program to be allowed to skate the FREE.
- iii) All teams will perform two skates (two free programs or a short and a free program).

Spring Fling Invitational Competition

- i) Closing Date: approximately 45 days prior to the start of the competition.
- ii) Competitive Singles, Pairs and Dance categories will be skated as SEPARATE categories.
- iii) Singles and Pairs Short Programs will skate **next season's elements**.
- iv) ON-SITE TESTS: **COMPETITIVE** Singles, Pairs and Dance (except Pre-Novice Dance) Free Program tests will be offered. The Skater must be entered into the category for which they are being tested. The competitive test application form included with the announcement must be completed and forwarded to the registrar of the competition with the applicable fees.

SKATE CANADA – WESTERN ONTARIO Technical Requirements ARE SUBJECT TO CHANGE

**Watch the SKATE CANADA –WESTERN ONTARIO website for
CHANGES / CORRECTIONS to this package.**

www.skating-wos.on.ca