



2011-2012 Skate Canada – WO “Limited Categories” Criteria

Judging will be based on Skate Canada STARSkate “Well Balanced Program Criteria” STARSkate categories

Level	Music	Technical	Age
WO CanSkate	1.0 minutes (+/- 10 sec)	<p>Must not have passed any part of Skate Canada Freeskate test</p> <p>Restrictions:</p> <ol style="list-style-type: none"> 1) Maximum of 3 jump elements. Jumps may only include up to and including single Toe Loop, single Salchow jump <ol style="list-style-type: none"> a) Must include at least one Waltz type Jump b) Maximum of one combination or sequence c) No jump included more than twice and if a jump is repeated it must be in combination or sequence 2) Maximum of 1 spin element <ol style="list-style-type: none"> a) Forward One-Foot spin or backward One-Foot spin 3) Forward Spiral of any kind 	<p>Age Splits: 6 yr & under 7 yr 8 yr & over</p>
WO Pre-Preliminary Limited	1.5 minutes (+/- 10 sec)	<p>Must not have passed the complete Skate Canada Preliminary Freeskate test and/or any part of the Junior Bronze Freeskate test.</p> <p>Restrictions/ Well Balanced Criteria:</p> <ol style="list-style-type: none"> 1) Maximum of 6 jump elements. Jumps may only include up to and including Flip and Loop jumps <ol style="list-style-type: none"> a) Must include at least one Waltz type jump b) Maximum 1 combinations or sequences. Jump combination may contain no more than 2 jumps c) No jump included more than twice and if a jump is repeated it must be in combination or sequence 2) Maximum of 2 spins. <ol style="list-style-type: none"> a) Upright spin or change foot upright spin b) Camel or Sit spin. No combination spin allowed 3) Forward or backward spiral on an edge 4) Step sequences – encouraged to use 3 turns, mohawks, choctaws (both directions) 	<p>Will be age flighted based on entry numbers</p>
WO Pre-Preliminary “B” Limited	1.5 minutes (+/- 10 sec)	ELIMINATE	<p>Will be age flighted based on entry numbers</p>
WO Preliminary “A” Limited No Axel Group	1.5 minutes (+/- 10 sec)	<p>Must not have passed the complete Skate Canada Junior Bronze Freeskate test and/or any part of the Senior Bronze Freeskate test</p> <p>Restrictions/ Well Balanced Criteria:</p> <ol style="list-style-type: none"> 1) Maximum of 6 jump elements. Jumps may include any jumps of one (1) rotation or less <ol style="list-style-type: none"> a) Must include at least one Waltz type jump b) Maximum 2 combinations or sequences. Jump combinations may contain no more than 2 jumps c) No jump included more than twice and if a jump is repeated it must be in combination or sequence 2) Maximum of 2 spins. <i>All spins assessed no higher than Level 1</i> <ol style="list-style-type: none"> a) Maximum one may be a flying spin b) One spin of any nature 3) Maximum one step sequence or spiral sequence (no higher than Level 1) 	<p>Will be age flighted based on entry numbers</p>

<p>WO Preliminary “B” Limited</p> <p><i>With Axel</i></p>	<p>1.5 minutes (+/- 10 sec)</p>	<p>Must not have passed the complete Skate Canada Junior Bronze Freeskate test and/or any part of the Senior Bronze Freeskate test</p> <p>Restrictions/ Well Balanced Criteria:</p> <ol style="list-style-type: none"> 1) Maximum of 6 jump elements. No double jumps may be attempted <ol style="list-style-type: none"> a) Must include at least one Axel type jump (waltz or Axel) b) Maximum 2 combinations or sequences. Jump combinations may contain no more than 2 jumps c) No jump included more than twice and if a jump is repeated it must be in combination or sequence 2) Maximum of 2 spins. <i>All spins assessed no higher than Level 1</i> <ol style="list-style-type: none"> a) Maximum one may be a flying spin b) One spin of any nature 3) Maximum one step sequence or spiral sequence (no higher than Level 1) 	<p>Will be age flighted based on entry numbers</p>
<p>WO Junior Bronze Limited</p>	<p>2.0 minutes (+/- 10 sec)</p>	<p>Must have passed the Skate Canada Junior Bronze Freeskate test but no higher complete test</p> <p>Restrictions/ Well Balanced Criteria:</p> <ol style="list-style-type: none"> 1) Maximum 6 jump elements. No double jumps may be attempted. <ol style="list-style-type: none"> a) Must include at least one Axel type jump (Waltz or Axel) b) Maximum 2 combinations or sequences. Jump combinations may contain no more than 2 jumps c) No jump included more than twice and if a jump is repeated it must be in combination or sequence 2) Maximum of 3 spins. <i>All spins assessed no higher than Level 1</i> <ol style="list-style-type: none"> a) Maximum one may be a flying spin b) One spin of any nature 3) Maximum one step sequence or spiral sequence. 	<p>Will be age flighted based on entry numbers</p>
<p>WO Senior Bronze Limited</p>	<p>2.5 minutes (+/- 10 sec)</p>	<p>May have passed the Skate Canada Senior Bronze Freeskate test but no higher complete test</p> <p>Restrictions/ Well Balanced Criteria:</p> <ol style="list-style-type: none"> 1) Maximum of six jump elements. Double jumps up to and including Salchow and Toe Loop jumps. <ol style="list-style-type: none"> a) All single jumps and 2 double jumps. b) Must include at least one Axel jump (Waltz or single Axel) c) Maximum 3 combinations or sequences. Jump combination may contain no more than 2 jumps d) No jump included more than twice and if a jump is repeated it must be in combination or sequence 2) Maximum of three spins. <i>All spins shall be called no higher than Level 1</i> <ol style="list-style-type: none"> a) One spin must be a combination spin, change of foot mandatory b) One spin must be a flying spin in one position with no change of foot c) One spin of any nature 3) Maximum one step sequence or spiral sequence. All step/spiral sequences shall be called no higher than Level 1 <p><i>Note: The first step or spiral sequence included in the program which meets the minimum requirement to be identified will be counted.</i></p>	<p>No age splits</p>
<p>❖ Age flighting as indicated up to and including the WO Junior Bronze Limited category is the responsibility of the Tech Representative</p> <p>❖ Judges are expected to make necessary deductions for timing and restricted elements as directed by the Category Referee.</p> <p>❖ Each spin must be of a different nature, as in Competitive Well Balanced Program criteria</p> <p>❖ THE STARSkate WELL BALANCED PROGRAM requirements must be followed with the above restrictions (i.e. number of jump, spins, etc)</p> <p style="text-align: right;">June 27, 2011 cm/jc/js</p>			