



2016 SPECIAL OLYMPICS INVITATIONAL COMPETITION

Date: Sunday December 4, 2016
Location: Gaylord Powless Arena
1738 4th Line Rd., Ohsweken, ON N0A 1M0
Hosted By: Western Ontario Section
Sanctioned By: Skate Canada – Western Ontario
Closing Date: October 20, 2016

Refer also to the Western Ontario “Master” Announcement which provides general details for all Competitions

CATEGORY and ENTRY FEE INFORMATION

CATEGORIES OFFERED

Singles :	Level 1 – 6 , Open, Masters 1 - 4
Interpretive :	Pre-Introductory - Gold
Pair Skating :	Level 1 - 3
Couples Dance:	Introductory, Level 1 - 6
Solo Dance:	Introductory, Level 1 - 6
World Team:	Exhibition

**Singles & Interpretive \$60.00 per person; Solo Dance \$60.00 per person; Pair & Couples Dance \$60.00 per couple
Introductory Solo Dance, Couple Dance; \$30.00 World Team Exhibition; \$25.00 per event**

ONLINE REGISTRATION PROCESS – follow link on competitions page

There **will** be On-Line Registration for this competition this year: <http://www.skating-wos.on.ca/competitions.htm>

ENTRY & CLOSING DATE INFORMATION

- ⇒ On-Line registration will “OPEN” at noon on September 21, 2016
- ⇒ On-Line registration will “CLOSE” at noon on October 20, 2016

Late entries: Entries received after the closing date will be considered by the technical representative and/or the competition registrar. Late entries are subject to a \$50 late fee.

LOCAL ORGANIZING COMMITTEE CONTACT INFORMATION

For further information, please contact the LOC (Local Organizing Committee) Chairs as listed.

LOC Contact	Carol Moir	519-686-0431 ext23	programs@skating-wos.on.ca
LOC Registrar	Michelle Hunsley	905-484-3583	paulhuns@sympatico.ca

TECHNICAL REQUIREMENTS

CATEGORIES

The Official Special Olympics Canada Sports Rules shall govern all Special Olympics Canada Figure Skating Competitions. As a national sports program, Special Olympics Canada has created these rules based upon International Skating Union (ISU) and the Skate Canada (SC) rules for Figure Skating. ISU or the SC rules shall be employed except when they are in conflict with the Official Special Olympics Canada Sports Rules. In such cases, the Official Special Olympics Canada Figure Skating Rules shall apply.

SINGLES CATEGORIES:

(1) **LEVEL 1** - For skaters working on Stage 1 – 3 of the CanSkate Program. Skaters must not have passed Stage 4.

LEVEL 1 Freeskate program 1:00 minute (+/- 10 seconds) Vocal music is permitted.	
Six (6) Elements in Total	
Two (2) Jump Elements:	1) Forward Gliding Two Foot Jump
	2) Backward Gliding Two Foot Jump
Two (2) Turns:	3) Forward Two Foot Turn
	4) Backward Two Foot Turn
One (1) Glide:	5) Forward Two Feet to One Foot Glide on a Curve
Other:	6) Backward Push/Glide Sequence

*Level 1 Safety Requirements – CSA approved helmets must be worn at all times including during the competition.

*No repeated jumps, glides or other. No elements included above CanSkate Stage 3.

*See Skate Canada CanSkate Assessment Criteria

*Skating Skills, Performance and Execution will be scored

(2) **LEVEL 2** - For skaters working on Stage 4 - 6 of the CanSkate Program. Skaters must not have passed Stage 6.

LEVEL 2 Freeskate program 1:40 minute maximum Vocal music is permitted.	
Six (6) Elements in Total	
Three (3) Jump Elements:	1) Power Jump
	2) Rotating Power Jump
	3) Combination Jump – Two Foot Forward to Backward – Two Foot Backward to Forward
Two (2) Spin Elements:	4) Forward One Foot Spin (spiraling edge from standstill or back crossovers)
	5) Two Foot Spin
One (1) Spiral:	6) Forward Spiral (either foot, unassisted)

*Level 2 Safety Requirements – (For skaters who have not completed stage 5) CSA approved helmets must be worn at all times including during the competition.

NOTE: If skater is not wearing a helmet at the event, they must provide the CanSkate report card verifying they have successfully completed Stage 5.

*No repeated jumps, spins, or spirals. No elements included above CanSkate Stage 6.

*See Skate Canada CanSkate Assessment Criteria

*Skating Skills, Performance and Execution will be scored

(3) **LEVEL 3** - For STAR athletes, who have completed CanSkate Stage 6. Geared for the skaters who have not mastered more than 3 single jumps.

LEVEL 3 Freeskate program 1:40 minute maximum Vocal music is permitted.	
Six (6) Elements in Total	
Three (3) Jump Elements:	1) Waltz Jump
	2) Salchow Jump
	3) Toe Loop Jump
Two (2) Spin Elements:	4) Forward Upright Spin
	5) Backward Upright Spin
One (1) Spiral	6) Circular Spiral Sequence
	*Two spirals, one on each foot executed on a circle in the same direction

*No repeated jumps, spins or spirals. No elements above STAR 1

*Element Assessment Criteria as per STAR 1

*Skating Skills, Performance and Execution will be scored

(4) LEVEL 4 - Geared for the skaters who have not mastered more than 5 single jumps.

LEVEL 4 Freeskate program 2:00 minute (+/- 10 seconds) Vocal music is permitted.	
Nine (9) in Total	
Five (5) Jump Elements:	1) Single Salchow
	2) Single Toe Loop
	3) Waltz Jump + Single Toe Loop Combination Jump
	4) Single Loop
	5) Single Flip or Single Lutz
Two (2) Spin Elements:	6) Backward Upright Spin
	7) Forward Entry Sit Spin or Camel Spin with no change of foot, no flying entry, no variations of positions. A forward upright spin is not permitted.
One (1) Forward Spiral Sequence	8) Circular Spiral Sequence *Two spirals, one on each foot executed on a circle in the same direction
One (1) Turn Sequence	9) Forward outside Three turn, backward crosscut, backward inside Choctaw – repeated 4 times (Two sequence per foot must be performed i.e. R-L-R-L)

*No additional jumps, spins or spirals. No elements above STAR 2

*Element Assessment Criteria as per STAR 2

*Skating Skills, Performance and Execution will be scored as per STAR 2 Assessment Criteria

(5) LEVEL 5 - Geared for the skaters who have not mastered doubled jumps

LEVEL 5 Freeskate program 2:00 minutes (+/- 10 seconds) Vocal music is permitted.	
Eight (8) Elements in Total	
Five (5) Jump Elements:	a) All single jumps permitted including Axel
	b) Must include at least one axel type jump (Waltz or Single Axel)
	c) Must include 5 different types single jumps (Note waltz & axel are considered the same type) If 5 different types of jump elements are not completed the repeated jump element type will be invalidated.
	d) Must include a Single Loop + Single Loop Combination (no other loop jump may be performed)
	e) Maximum 1 additional jump combination (Jump combination may not have more than 2 jumps)
	f) Jump Sequences are not permitted
	g) No jump may be included more than twice. If a jump is repeated it must be in a combination
Two (2) Spin Elements:	1) Backward Upright Spin
	2) Combination Spin – must include at least one camel and one sit position. Forward entry only; Change of foot optional; No flying entry; no variation of positions.
One (1) Forward Spiral Sequence	1) A sequence of two forward spirals with no more than 4 steps in between – one spiral on each foot, unsupported on either inside or outside edge. Each spiral must be held for a min of three seconds

*No repeated jumps, spins or spirals. No elements above STAR 4

*Element Assessment Criteria as per STAR 3

*Skating Skills, Performance and Execution will be scored as per STAR 3 Assessment Criteria

(6) LEVEL 6 - Geared for the skaters who are working on double jumps.

LEVEL 6 Freeskate program 2:00 minutes (+/- 10 seconds) Vocal music is permitted.	
Eight (8) Elements in Total	
Maximum 5 Jumps elements:	a) Maximum two double jumps. Double jumps cannot be included in combination and cannot be repeated.
	b) Must include at least one Axel. If no Axel jump, the final jump element will be invalidated.
	c) Maximum 2 jump combinations. Jump combinations may not include more than two jumps.
	d) Jump sequences are not permitted
	e) No jump may be included more than twice. If a jump is repeated, it must be in combination.
Two (2) Spin Elements:	1) One sit spin or camel spin. Flying entry optional; no change of foot; no variations of positions
	2) One Combination spin. No Flying entry; no variation of positions; change of foot optional. All three basic positions must be attempted. If all three positions are not attempted, this will be reflected by the judges GOE scores
One (1) Spiral Sequences	1) A sequence of two forward spirals with no more than 4 steps in between – one spiral on each foot, unsupported on either inside or outside edge. Each spiral must be held for a minimum of 3 seconds.

*No additional jumps, spins or spirals. No elements above STAR 5

*CPC Scoring will be used

(7) OPEN - Skaters must have the Senior Bronze test or higher. Geared to those skaters who can do more than two double jumps.

OPEN Freeskate program 3:00 minutes (+/- 10 seconds) (STAR 8 Free Skate) Vocal music is permitted.	
Maximum of six (6) jump Elements:	a) All jumps permitted
	b) Must include at least one Axel. If no Axel, the final jump element will be invalidated
	c) Maximum three combinations or sequences. Jump combinations may contain no more than two jumps.
	d) No jump included more than twice and if a jump is repeated it must be in combination or sequence.
Maximum of three (3) Spins: <i>All spins shall be called no higher than Level B</i>	a) One spin must be a combination spin, change of foot mandatory.
	b) One spin must be a flying spin in one position with no change of foot
	c) One spin of any nature
Maximum of one (1) choreographic sequence	a) One choreographic sequence

*CPC scoring will be used

PILOT – MASTERS SINGLES LEVELS 2016 – 2017

Masters Level 1 / 2, Masters Level 3 / 4 will allow a skater to move down but the Masters Levels are not eligible for Provincials or Canada Games or World Games.

In order to compete in the Masters Levels, the athletes must be 25 years of age as of July 1 preceding the competition. These events are intended for athletes who are no longer able to successfully complete the program requirements for which they are classified. Example: Skater used to be able to complete requirements of Level 3 FreeSkate but due to age or injury etc. they are no longer able to perform the required elements but are not able to move down a level due to Special Olympic regulations. This skater would enter a Masters Level in which they are able to complete the elements. This could be Masters Level 1 / 2 or Masters Level 3/ 4. Once a skater enters a Masters event they must remain in the Masters event.

(8) MASTERS Level 1 / 2 - Athletes must be 25 years of age as of July 1 preceding the competition. Geared for skaters who are performing at or below the Stage 6 CanSkate level.

MASTERS Level 1/2 Freeskate program 1:30 minutes maximum Vocal music is permitted.	
Seven (7) Elements Total	
Four (4) jump Elements:	a) Power Jump
	b) Rotating Power Jump
	c) Forward Gliding Two Foot Jump
	d) Backward Gliding Two Foot Jump
1 Spin Element:	a) Forward One Foot Spin (spiraling edge from standstill or back crossovers)
1 Field Movement:	a) Forward Spiral
1 Other	a) Backward Push/Glide Sequence

*No repeated jumps, spins or spirals. No elements included above CanSkate Stage 6

*See Skate Canada CanSkate Assessment Criteria

*Skating Skills, Performance and Execution will be scored

(9) MASTERS Level 3 / 4 - Athletes must be 25 years of age as of July 1 preceding the competition. Geared for skaters who have not mastered more than 5 single jumps.

MASTERS Level 3/4 Freeskate program 2:00 minutes maximum Vocal music is permitted.	
Nine (9) Elements in Total	
Five (5) jump Elements:	a) Single Salchow
	b) Single Toe Loop
	c) Waltz Jump + Single Toe Loop Combination
	d) Single Loop
	e) Combination Jump (may include Flip or Lutz)
2 Spin Elements:	a) Backward Upright Spin
	b) Forward entry Upright Spin, Sit spin or Camel spin with no change of foot, no flying entry, no variations of positions.
1 Forward Spiral Sequence:	a) A sequence of two forward spirals with no more than 8 steps in between – one spiral on each foot, unsupported on either inside or outside edge. Each spiral must be held for a minimum of three seconds
1 Turn Sequence:	a) Forward outside Three turn, backward crosscut, backward inside Choctaw – repeated 4 times (Two sequence per foot must be performed i.e. R-L-R-L)

*No additional jumps, spins or spirals. No elements above STAR 2

*Element Assessment Criteria as per STAR 2

*Skating Skills, Performance and Execution will be scored as per STAR 2 Assessment criteria

PAIR – Categories:

(1) **LEVEL 1 PAIRS:** Each pair member must be in minimum Level 3 Freeskate

Pair Freeskate program 1:30 minutes maximum. **Vocal music is permitted**

The program must include eight (8) of the following ten elements:

1. Forward stroking in unison, hand in hand
2. Forward crossovers in unison, hand in hand – clockwise
3. Forward crossovers in unison, hand in hand – counter clockwise
4. Synchronized two foot spin
5. Side by side forward pivot Pair spin, position optional
6. Pair spiral, position optional
7. Synchronized bunny hop, hand in hand
8. Straight line step sequence
9. Backward stroking, hand in hand
10. Stationary lift (not above the man's shoulders)

(2) **LEVEL 2 PAIRS:** Each pair member must be in minimum Level 4 Freeskate

Pair Freeskate program 2:00 minutes maximum. **Vocal music is permitted**

The program must include eight (8) of the following ten elements:

1. Backward crossovers, position optional – clockwise
2. Backward crossovers, position optional – counter clockwise
3. Lunge in a holding position, position optional
4. Spirals in a holding position, position optional
5. Bunny Hop Lift
6. Lift limited to one turn by the man and one and a half turns by the lady – no full extension of the man's arms
7. Step Sequence (pattern optional minimum of eight steps) straight line, circular, or serpentine
8. Synchronized jump, jump optional
9. One foot synchronize spin, three rotations
10. One foot pair spin, position optional, three rotations

The following elements are NOT permitted in this program:

- a. Overhead lifts that require full extensions of both of the man's arms
- b. Death spirals
- c. Throws

(3) **LEVEL 3 PAIRS:** One pair member must be single Level 4 and one pair member must be higher than Level 4

Pair Freeskate program: 2:30 minutes maximum. **Vocal music is permitted.**

The program must include the following elements:

1. 1 pair spin
2. 1 solo spin
3. 1 solo jump
4. 1 step sequence
5. 1 lift
6. 1 throw jump
7. 1 death spiral (modified)

INTERPRETIVE Categories:

(1) **PRE-INTRODUCTORY** - Skaters must not have passed any Interpretive tests.

Program is a maximum of 2:00 minutes in length

(2) **INTRODUCTORY** – Skaters must have passed the Introductory Interpretive Singles Test but no higher.

Program is a maximum of 2:00 minutes in length.

(3) **BRONZE** – Skaters must have passed the Bronze Interpretive Singles Test but no higher.

Program is a maximum of 3:00 minutes in length

(4) **SILVER** – Skaters must have passed the Silver Interpretive Singles Test but no higher.

Program is a maximum of 3:00 minutes in length

(5) **GOLD** – Skaters must have passed the Gold Interpretive Singles Test..

Program is a maximum of 3:00 minutes in length

DANCE – Solo & Couples Categories:

(1) INTRODUCTORY DANCE: Skaters must not have passed any dance tests.

Skaters must perform the following elements:

- Fwd Clockwise Progressives on circle (one full circle)
- Fwd Counter Clockwise Progressives on circle (one full circle)
- Fwd Clockwise Chasses on circle (one full circle)
- Fwd Counter Clockwise Chasses on circle (one full circle)
- Fwd Swing Rolls on Axis (two on each foot)
- Fwd Clockwise Slide Chasses on circle (one full circle)
- Fwd Counter Clockwise Slide Chasses on circle (one full circle)
- Fwd Outside Cross Rolls (two on each foot)

*Please note: this is not a ranked event. No medals will be awarded. Skaters will receive a report card and a ribbon or certificate – Merit, Bronze, Silver or Gold.

- (2) LEVEL 1 DANCE:** Skaters must have passed one Preliminary Dance (STAR 2a, STAR 2b or STAR 3a)
Skaters must compete the following dances: **Dutch Waltz (2 sequences)** and **Baby Blue (2 sequences)**
- (3) LEVEL 2 DANCE:** Skaters must not have passed the complete Junior Bronze (STAR 5) dance test
Skaters must compete the following dances: **Fiesta Tango (2 sequences)** and **Willow Waltz (2 sequences)**
- (4) LEVEL 3 DANCE:** Skaters must not have passed the complete Senior Bronze dance test
Skaters must compete the following dances: **Ten Fox (2 sequences)** and **European (2 sequences)**
- (5) LEVEL 4 DANCE:** Skaters must not have passed the complete Junior Silver dance test
Skaters must compete the following dances: **American Waltz (2 sequences)** and **Rocker (2 sequences)**
- (6) LEVEL 5 DANCE:** Skaters must not have passed the complete Senior Silver dance test
Skaters must compete the following dances: **Starlight Waltz (2 sequences)** and **Killian (4 sequences)**
- (7) LEVEL 6 DANCE:** Skaters must have passed the complete Senior Silver dance test. No restriction to how many Gold dances passed.
Skaters must compete the following dances: **Argentine Tango (2 sequences)** and **Quickstep (3 sequences)**

CONFIRMATIONS & SCHEDULES

Tentative Competition Schedule
will be posted as soon as possible after the Closing Date of the Competition on the
Skate Canada – Western Ontario website: www.skating-wos.on.ca

REFUNDS AND WITHDRAWALS: Full refunds will be given for any cancelled categories of if an entry is withdrawn prior to October 20, 2016. After the deadline date, refunds will be given for medical reasons only, provided that the Host Committee is contacted prior to the start of the competition and the Competition Chair received a medical certificate by December 11, 2016

MUSIC REQUIREMENTS

For all Single and Pair events music may contain vocals

Each entry must provide two CDs for the competition upon registration. One CD must be marked "Master" and one for back-up marked "Copy".

All music used must be in the public domain or covered by the performing rights societies.

Competitors, who have music composed specifically for their programs either wholly or in part, are responsible for obtaining a written release from the composer for the use of such music on radio and/or television or appropriate clearance from the performing rights societies.

Standards Specifications for music:

- 1) One program shall be recorded on each CD
- 2) The start of the music shall be recorded on the CD with less than two seconds of lead in
- 3) Competitor's name followed by Level, and music time shall be shown on the CD label
- 4) Each CD shall be closed in a plastic case marked with the skater's name, level, program time and area (Province, Country)

For dance events, skaters may choose music from Dance Series 8 or the Skate Canada approved contemporary music. (Please use form to indicate which song skater is using)

ACCREDITATION FOR COACHES

All Coaches must be currently registered with Skate Canada as well as Special Olympics Canada. Please refer to Special Olympics Canada Policy for NCCP requirements.

In order to attend with an athlete in Level 1 and/or Level 2, the Coach must be a minimum CanSkate Trained.

In order to attend with an athlete in Level 3 and higher or any dance or pair event, the Coach must be Primary STARSkate Trained or higher.

PLANNED PROGRAM SHEETS: Will be required for all Freeskate and Pair Events.

**Coaches are required to hand in Planned Program sheets at registration desk for all singles and pair events.

WATCH SKATE CANADA – WESTERN ONTARIO WEBSITE FOR CHANGES/CORRECTIONS
www.skating-wos.on.ca