



**National
Coaching
Certification
Program**

NCCP Instruction Primary - Primary STARSkate

(formerly Level 1 Phases 2, 3 and 4)

Entry Pre-Requisites:

1. Must have attained CanSkate Coach status or higher
2. Must have completed all three Junior Bronze STARSkate tests

Requirements for Primary STARSkate Coach "Training" Status:

1. Complete Primary STARSkate Coach Home Study successfully
2. Attend the 3-day Primary STARSkate Figure Skating course successfully
3. Hold a valid First Aid certificate (every three years)

Requirements for Primary STARSkate Coach "Trained" Status:

(the following two requirements will be completed at the Primary STARSkate Course)

1. Teach one 15-minute lesson in front of a Mentor Coach
2. Complete (three) daily assignments successfully

Requirements for Primary STARSkate Coach "Certified" Status:

Pre-requisite: Must be registered as a Skate Canada Professional Coach:

1. Teach Primary STARSkate for 50 hours in Skate Canada member club and;
2. Submit three different 15-minutes video lessons at the Primary (preliminary or junior bronze) STARSkate level. The video that is one VHS tape or one DVD only must include the following lessons:
 - One 15-minute mandatory stroking or skating skills lesson and;
 - Two additional 15-minute lessons based on the following selection: Jump, Spin Interpretive Skating, Dance, Synchronized Skating, Pairs

Coach Title:

- ✓ Certified Primary STARSkate Coach