



NCCP Instruction Intermediate – Intermediate STARSkate / Provincial Coach Program (ISPC)

Entry Pre-Requisites:

Must be Primary STARSkate Coach “trained” or “certified”

Requirements for Intermediate STARSkate / Provincial Coach (ISPC) “trained”:

1. Complete the ISPC home study guide
2. Attend the ISPC sport science course and complete the required workbook
3. Attend the ISPC stroking & skating skills course and complete the required workbook
4. Attend the ISPC singles course and complete the required workbook
5. Attend the ISPC dance course and complete the required workbook
6. Attend the ISPC pairs & synchronized skating course and complete the required workbooks

ISPC EVALUATION: You now have the flexibility to select the certification path that best meets your needs as a coach. You can become an Intermediate STARSkate Coach (Instruction Stream) or a Provincial Coach (Competition Stream). Certifying in more than one discipline is highly recommended; however, not mandatory.

Requirements for Intermediate STARSkate Coach Evaluated and Certified:

Prerequisite: must have an ISPC “trained” status

Path 1 – To certify as an Intermediate STARSkate Coach, you will be required to:

1. Video Lessons:
 - Submit one technical video lesson with a lesson plan at the senior bronze or junior silver STARSkate level and;
 - Submit one stroking or skating skills video lesson with a lesson plan at the senior bronze or junior silver STARSkate level;
2. Video analysis and music CD:
 - Submit a video analysis and music CD of a skater whose program you have designed or choreographed at the senior bronze or junior silver STARSkate level;
3. Have skaters pass Intermediate STARSkate tests OR complete the mentorship program

Requirements for Provincial Coach “Certified” Status:

Path 2 – To certify as a Provincial Coach, you will be required to:

1. Video Lessons:
 - Submit one technical skill video lesson with a lesson plan at the juvenile or pre-novice competitive level;
 - Submit one stroking or skating skills video lesson with a lesson plan at the juvenile or pre-novice competitive level;
2. Video analysis and music CD:
 - Submit a video analysis and music CD of a juvenile or pre-novice skater whose free program you have designed or choreographed;
3. Have a skater pass juvenile or pre-novice competitive tests and one skating skills test at the senior bronze level or higher. A copy of the test summary sheet for each test passed must be submitted.
4. Have a skater qualify and compete at a Sectional Championship level or higher and provide a protocol of the event;

Coach Title:

STARSkate Coach Status

- ✓ ISPC Trained (home study + five courses and workbooks)
- ✓ Intermediate STARSkate coach evaluated (trained status + two video lessons, a video analysis and tests passed or mentorship program)
- ✓ Intermediate STARSkate coach certified (evaluated status)

Provincial Coach Status

- ✓ ISPC Trained (home study + five courses and workbooks)
- ✓ Provincial coach evaluated (trained status + two video lessons, a video analysis, tests passed, qualify/compete at championship or mentorship)
- ✓ Provincial coach certified (evaluated status)