



MENTOR COACH PROFILE

NCCP Instruction-Beginner Certified CanSkate Coach

1. OVERVIEW

The Mentor Coach for the Certified CanSkate Coach portfolio is responsible for observing and assessing apprentice CanSkate coaches, provide quality feedback and offer opportunities for the apprentice coach to observe other CanSkate coach experts in a club environment.

2. PURPOSE OF THE MENTORSHIP PROGRAM

A good mentor will assist the coach to reflect on and make sense of his or her own CanSkate coaching experiences because of their proficiency, know-how and coaching skills in CanSkate. Mentor coaches ask questions about decisions, behaviors and actions to promote critical thinking; allowing a coach to take responsibility for his or her own growth.

CanSkate coaches working with mentors are able to discuss and reflect on choices or actions they have taken related to the planning and offering of a CanSkate program. From there they can look at improving the ways they make decisions. Engagement and alteration of thought and perception is how coaches cognitively grow.

Mentorship programs are designed to promote and assist in the development of great coaches, but also to create a legacy that includes future mentors. Getting involved in a coaching mentorship program is a great way to develop as a coach or to pass down useful knowledge and tools to those that want to learn.

3. MENTOR COACH QUALIFICATIONS

Approved by the Section **Mentor Coaches** for the CanSkate Coach portfolio are highly motivated individuals who possess the following qualifications:

- Be a current registered Skate Canada coaching member
- Be actively coaching CanSkate
- Have at least 5 years of CanSkate coaching experience
- Be at least NCCP Level 1 or Primary STARSKate coach certified
- Be dedicated to the coaching profession and on-going professional development (i.e. Holding a CEP status is an asset)
- Communicates effectively
- Clearly understand, articulate and model the Skate Canada Coaches Code of Ethics, NCCP Code of Ethics and philosophies

4. MENTOR COACH RESPONSIBILITIES & ASSOCIATED FEES

Part A – Mentor Coach Observation:

The Mentor Coach for this component is entitled to receive up to **\$20.00** for the completion of the following:

- Act as a Mentor Coach for three CanSkate sessions
- Verify completion of the mentorship diary pages

Mentor Coaches should bill the apprentice directly upon completion of the Mentorship.

Part B – Mentorship Program:

The Mentor Coach for this component is entitled to receive **\$30.00** for the completion of the following:

- Review the lesson plan prior to the on-ice evaluation
- Review the EAP prior to the on-ice evaluation
- Observe one 10-15 minute on-ice lesson
- Following the on-ice lesson, review the CanSkate session detailed outline prepared by the coach on page 13
- Conduct a debriefing session with the coach
- Upon completion of the on-ice lesson evaluation and review of the CanSkate session outline, complete the Certified CanSkate Coach portfolio evaluation form included at the back of this guide.

This feedback should include discussions on strengths and weaknesses observed during the previous session and progress towards completion of specific goals.

5. BUILDING A MANAGEABLE MENTOR COACH LIST

In a user friendly format Sections will develop their own CanSkate Mentor Coach (MC) list that is easily accessible to apprentice CanSkate coaches. With the information provided in this document the MC list shall be an on-going work in progress. Should a potential candidate meet the MC profile you may add this person to your list at any given time. Apprentice coaches may also request to have their own MC provided Sections may consider adding any qualified MC candidates that meet the profile. The list needs to continually be built on an on-going basis.

Note: Some Apprentice CanSkate Coaches may use two resource individuals depending on their learning objectives and the availability of the mentor coaches.